# Introduction to Clinical Trials - Day 2

Session 6 - Group Sequential Monitoring

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### Trial monitoring

#### Elements and motivation for trial monitoring

- Motivation: Many trials have been stopped early:
  - Physician health study showed that aspirin reduces the risk of cardiovascular death.
  - A phase III study of tamoxifen for prevention of breast cancer among women at risk for breast cancer showed a reduction in breast cancer incidence.
  - A phase III study of anti-arrhythmia drugs for prevention of death in people with cardiac arrhythmia stopped due to excess deaths with the anti-arrhythmia drugs.
  - A phase III study of folic acid supplements for prevention of neural tube defects.
  - ► Women's Health Initiative: Hormones cause heart disease.

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Elements of Trial Monitoring

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Example: Sepsis trial

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Example: Sepsis trial

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## **Trial monitoring**

#### Elements and motivation for trial monitoring

- What is trial monitoring?
  - Monitoring for quality control; for example,
    - Patient accrual.
    - Data quality/completeness.
    - Unanticipated adverse events.
  - Monitoring study endpoints(s); for example,
    - Treatment benefits.
    - Toxicity differences.
  - Good quality control should be part of every study to ensure that the study achieves its goals.
  - Monitoring study endpoints is not applicable in every study, and requires special statistical methods to avoid increased statistical errors.

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### **Trial monitoring**

#### Elements and motivation for trial monitoring

- Reasons to monitor study endpoints:
  - To maintain the validity of the informed consent for:
    - Subjects currently enrolled in the study.
    - New subjects entering the study.
  - To ensure the ethics of randomization.
    - Randomization is only ethical under equipoise.
    - ► If there is not equipoise, then the trial should stop.
  - To identify the best treatment as quickly as possible:
    - For the benefit of all patients (i.e., so that the best treatment becomes standard practice).
    - For the benefit of study participants (i.e., so that participants are not given inferior therapies for any longer than necessary).

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Example: Sepsis trial

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Example: Sepsis trial

### **Trial monitoring**

#### Elements and motivation for trial monitoring

- If not done properly, monitoring of endpoints can lead to biased results:
  - Data driven analyses cause bias:
    - Analyzing study results because they look good leads to an overestimate of treatment benefits.
  - Publication or presentation of 'preliminary results' can affect:
    - Ability to accrue subjects.
    - Type of subjects that are referred and accrued.
    - Treatment of patients not in the study.
  - Failure to design for interim analyses can lead to hasty decisions. Decisions made 'in the heat of the moment' are subject to:
    - Inadequate consideration of trade-offs between competing endpoints (toxicity versus benefit).
    - External pressures from study investigators or sponsors.
    - Lack of objectivity by study monitors.

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## **Trial monitoring**

#### Elements and motivation for trial monitoring

- ► Thus,
  - Monitoring of study endpoints is often required for ethical reasons.
  - Monitoring of study endpoints must carefully planned as part of study design to:
    - Avoid bias
    - Assure careful decisions
    - Maintain desired statistical properties

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Example: Sepsis trial



Elements of Trial

Statistical framework for trial monitoring

Types of group sequential

Example: Sepsis trial

Monitoring Group Sequential Designs

designs

	d motivation for trial monitoring	SISCI
Key element	UW - 201	
<ul> <li>Inverse</li> <li>*</li> <li>*</li></ul>	<ul> <li>e trials monitored?</li> <li>estigator knowledge of interim results can lead to biased ults: <ul> <li>Negative results may lead to loss of enthusiasm.</li> <li>Positive interim results may lead to inappropriate early publication.</li> <li>Either result may cause changes in the types of subjects who are recruited into the trial.</li> </ul> </li> <li>ta Safety and Monitoring Boards (DSMB)" are used to bid biased decisions: <ul> <li>DSMB members are <i>independent</i> of the study investigators</li> <li>The DSMB reviews unblinded data in the midst of a trial to:</li> </ul> </li> <li>Assure the trial is safe to continue.</li> <li>Make decisions about early termination based on the statistical monitoring plan ("group-sequential clinical trial design").</li> </ul>	Elements of Trial Monitoring Group Sequential Designs Statistical framework for trial monitoring Types of group sequentia designs Example: Sepsis tria
		SISCR - RCT, Day 2 - 6 :

### Elements and motivation for trial monitoring

### Key elements of monitoring

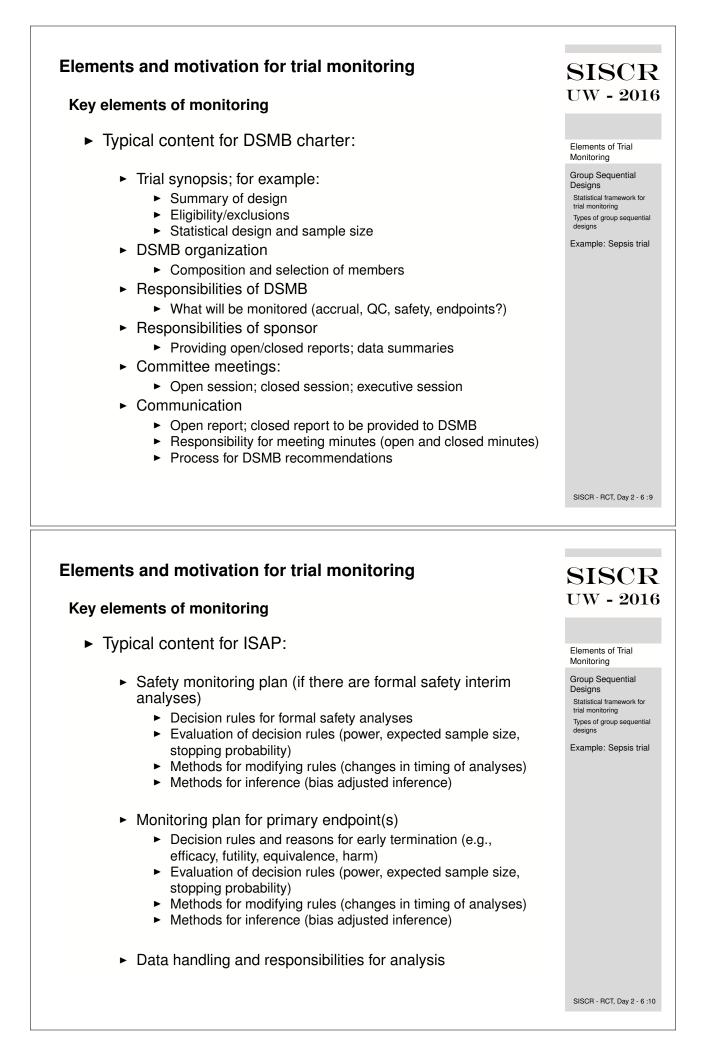
The trial monitoring plan is typically pre-specified in two documents:

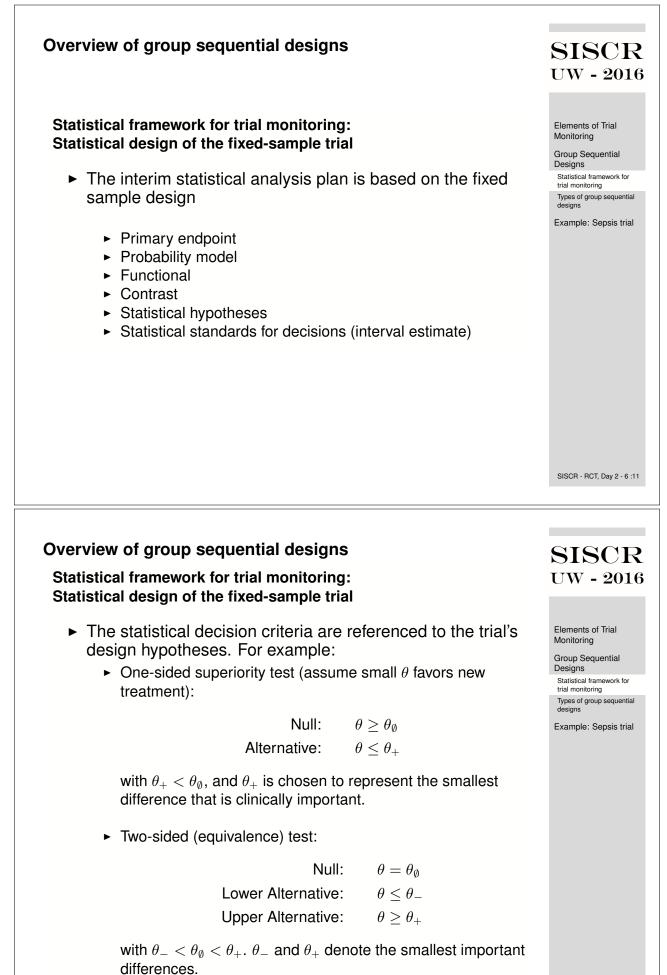
- ► DSMB charter:
  - Defines scope of trial monitoring
  - Defines DSMB responsibilities
  - Defines sponsor responsibilities
  - Pre-specifies monitoring plans and decisions (reasons for stopping)
- Interim Statistical Analysis Plan (ISAP):
  - Defines monitoring endpoint(s)
  - Pre-specifies analysis timing, decision criteria, and rationale
  - Pre-specifies methods for implementation (changes to analysis timing)
  - Pre-specifies adjustments to statistical inference about treatment effects

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### Overview of group sequential designs

# Statistical framework for trial monitoring: Selecting decision criteria

- A decision to stop needs to consider what has or has not been ruled out. For example
  - One-sided superiority test (assume small θ favors new treatment):
    - Stop for superiority when any harm (θ ≥ θ<sub>∅</sub>) has been ruled out.
    - Stop for futility when important benefits (θ ≤ θ<sub>+</sub>) have been ruled out.
  - Two-sided (equivalence) test:
    - Stop for treatment A better than treatment B when inferiority of A (θ ≤ θ<sub>∅</sub>) has been ruled out.
    - Stop for treatment *B* better than treatment *A* when inferiority of  $B (\theta \ge \theta_{\emptyset})$  has been ruled out.
    - Stop for equivalence when important differences (either  $\theta \ge \theta_+$  or  $\theta \le \theta_-$ ) have been ruled out.
- The hypotheses that have been ruled in/out are given by the interval estimate.

### Overview of group sequential designs

Statistical framework for trial monitoring: Group sequential designs (superiority trial)

- Suppose that the trial is planned for j = 1, ..., J interim analyses.
- Let  $\hat{\theta}_j$  denote the estimated treatment effect at the *j*th analysis.
- Consider stopping criteria  $a_i < d_i$  with:

 $\hat{\theta}_j \leq a_j \Rightarrow$  Decide new treatment is superior  $\hat{\theta}_j \geq d_j \Rightarrow$  Decide new treatment is not superior  $a_j < \hat{\theta}_j < d_j \Rightarrow$  Continue trial

Set  $a_J = d_J$  so that the trial stops by the *J*th analysis.

How should we choose these critical values?

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Example: Sepsis trial

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## Statistical framework for trial monitoring

### Inadequacy of Fixed Sample Methods

- Suppose we simply ignore the fact that we are repeatedly testing our hypothesis
- We can quickly see the impact of this via simulation
  - Let  $X_i \sim_{\mathsf{iid}} \mathcal{N}(\theta, \sigma^2)$
  - ▶ j = 1, ..., 4 equally spaced analyses at 25, 50, 75, and 100 observations
  - Test statistic after n<sub>j</sub> observations have been accrued

$$\bar{X}_{n_j} = \frac{1}{n_j} \sum_{i=1}^{n_j} X_i$$

- Test  $H_0: \theta = 0$  with level  $\alpha = .05$
- ► Fixed sample methods (2-sided test): Reject H<sub>0</sub> first time

$$|ar{X}_{n_j}|>z_{1-lpha/2}rac{\sigma}{\sqrt{n_j}}, \hspace{0.5cm} j=1,2,3,4$$



Elements of Trial Monitoring

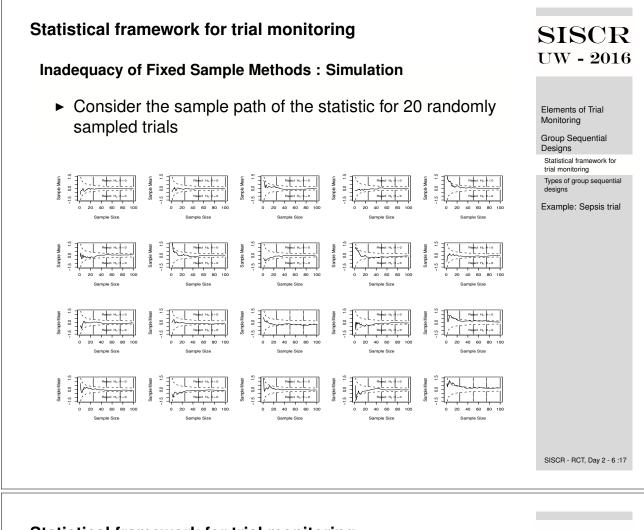
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trial monitoring Types of group sequential designs

Example: Sepsis trial

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#### Statistical framework for trial monitoring SISCR **UW - 2016** Inadequacy of Fixed Sample Methods : Simulation ► Consider the sample path of the statistic for a single Elements of Trial Monitoring simulated trial Group Sequential Designs Statistical framework for trial monitoring Types of group sequential 5.1 designs Example: Sepsis trial 1.0 0.5 Sample Mean 0.0 -0.5 -10 -1.5 20 40 80 100 60 Sample Size



## Statistical framework for trial monitoring

### Inadequacy of Fixed Sample Methods : Simulation

- Simulated type I error rate using fixed sample methods
- Based on 100,000 simulations

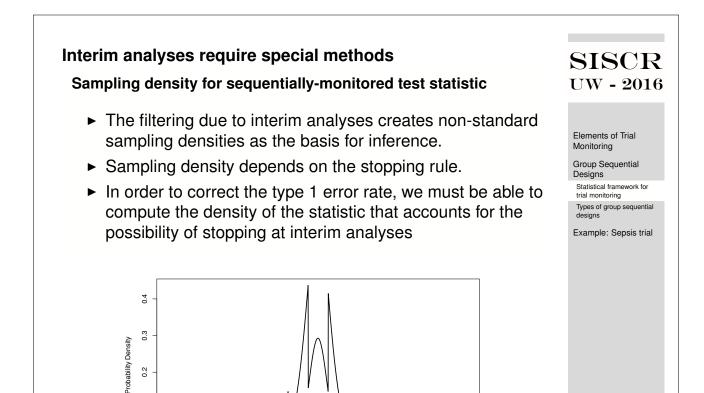
Significant	Proportion	Number	Proportion
at	Significant	Significant	Significant
Analysis 1	0.05075	Exactly 1	0.07753
Analysis 2	0.04978	Exactly 2	0.02975
Analysis 3	0.05029	Exactly 3	0.01439
Analysis 4	0.05154	All 4	0.00554
		Any	0.12721

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designs



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### Sampling density for sequentially sampled test statistic

0.1

0.0

-5

- ► Let C<sub>j</sub> denote the continuation set at the *j*th interim analysis.
- Let (*M*, *S*) denote the bivariate statistic where *M* denotes the stopping time (1 ≤ *M* ≤ *J*) and *S* = *S<sub>M</sub>* denotes the value of the partial sum statistic at the stopping time.

х

The sampling density for the observation (M = m, S = s) is:

$$p(m,s; heta) = egin{cases} f(m,s; heta) & s 
ot\in \mathcal{C}_m \ 0 & else \end{cases}$$

where the (sub)density function  $f(j, s; \theta)$  is recursively defined as

$$f(1, s; \theta) = \frac{1}{\sqrt{n_1 V}} \phi\left(\frac{s - n_1 \theta}{\sqrt{n_1 V}}\right)$$
  

$$f(j, s; \theta) = \int_{\mathcal{C}_{(j-1)}} \frac{1}{\sqrt{n_j V}} \phi\left(\frac{s - u - n_j \theta}{\sqrt{n_j V}}\right) f(j - 1, u; \theta) \, du,$$
  

$$j = 2, \dots, m$$

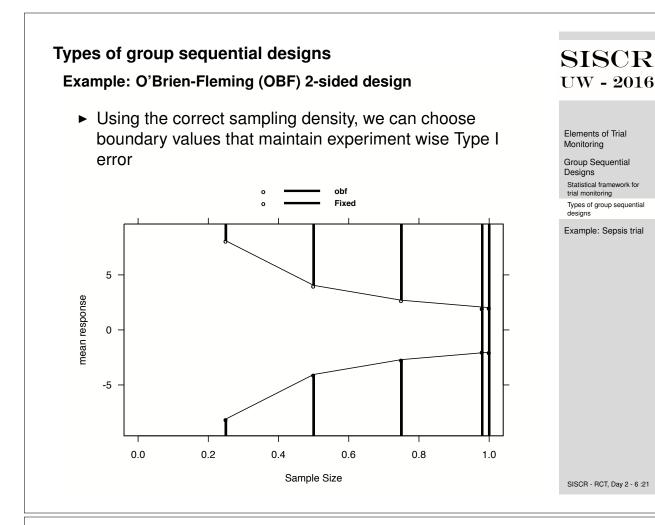
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Example: Sepsis trial



## Types of group sequential designs

### Example: O'Brien-Fleming (OBF) 2-sided design

- Simulated type I error rate using fixed sample methods
- Based on 100,000 simulations

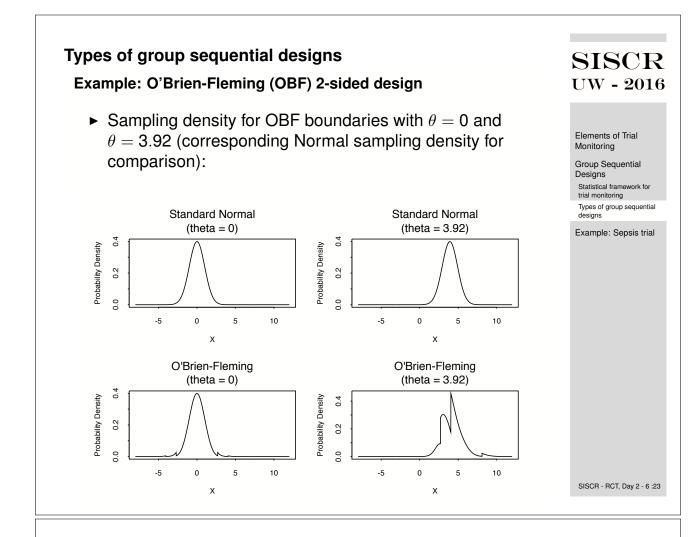
Significant	Proportion	Number	Proportion
at	Significant	Significant	Significant
Analysis 1	0.00006	Exactly 1	0.03610
Analysis 2	0.00409	Exactly 2	0.01198
Analysis 3	0.01910	Exactly 3	0.00210
Analysis 4	0.04315	All 4	0.00001
L		Any	0.05019

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Example: Sepsis trial



### Types of group sequential designs

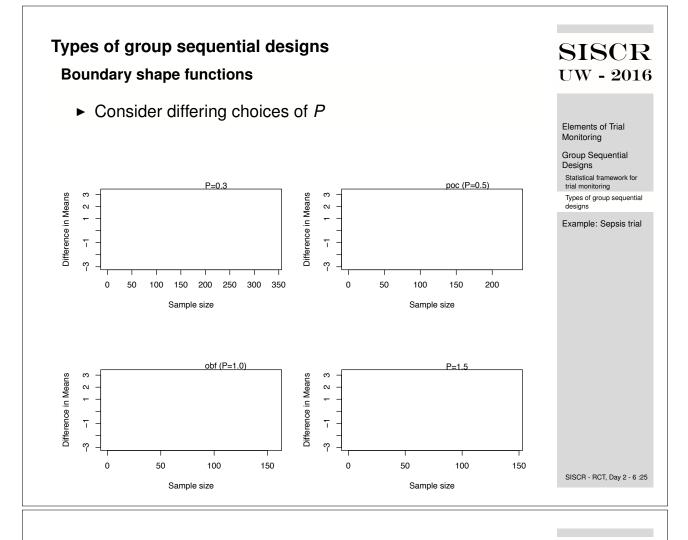
### **Boundary shape functions**

- There are an infinite number of stopping boundaries to choose from that will maintain a given family-wise error
  - They will differ in required sample size and power
- Kittelson and Emerson (1999) described a "unified family" of designs that are parameterized by three parameters (A, R, and P)
- Parameterization of boundary shape function includes many previously described approaches
  - Wang & Tsiatis boundary shape functions:
    - ► A = 0, R = 0, and P > 0
    - ► *P* = 0.5 : Pocock (1977)
    - ► *P* = 1.0 : O'Brien-Fleming (1979)
  - Triangular Test boundary shape functions (Whitehead):
    - A = 1, R = 0, and P = 1
  - Sequential Conditional Probability Ratio Test (Xiong):
    - ► *R* = 0.5, and *P* = 0.5

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Example: OBF (P=1) versus Pocock (P=0.5) 1-sided designs

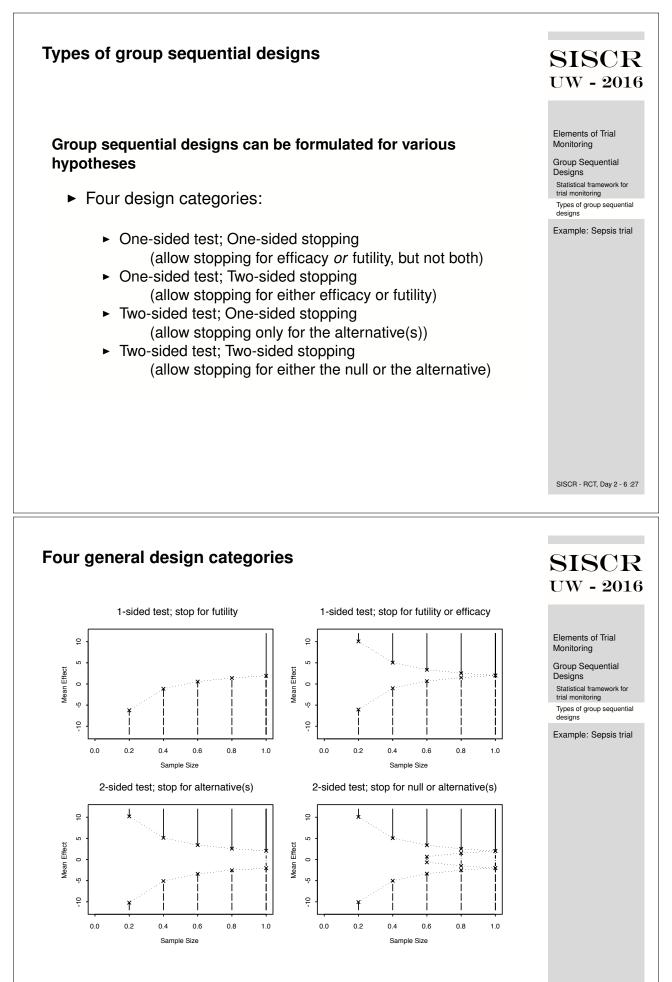
#### obf ο рос 0 8 6 mean response 4 2 0 -2 -4 0.0 0.2 0.4 0.6 0.8 1.0 Sample Size

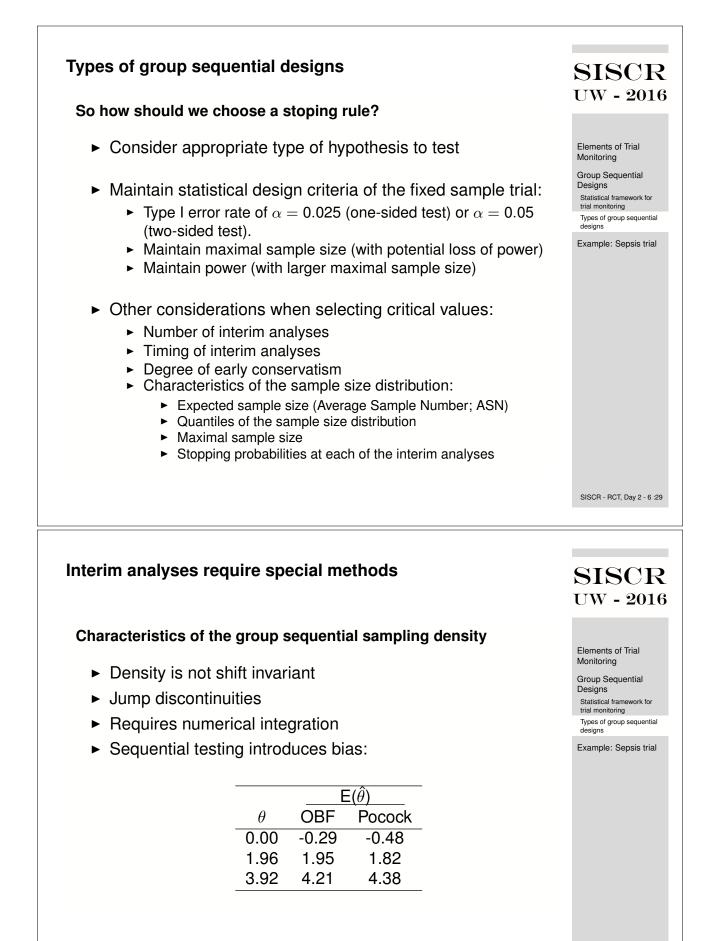
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Example: Sepsis trial





#### Background

- Critically ill patients often get overwhelming bacterial infection (sepsis), after which mortality is high
- Gram negative sepsis is often characterized by production of endotoxin, which is thought to be the cause of much of the ill effects of gram negative sepsis
- Hypothesis: Administering antibody to endotoxin may decrease morbidity and mortality
- Two previous randomized clinical trials showed a slight benefit
- There were no safety concerns at the inception of the trial

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Example: Sepsis trial

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### **Case Study : Sepsis Trial**

#### **Definition of Treatment**

- Single administration of antibody to endotoxin within 24 hours of diagnosis of sepsis
- ► Reductions in dose not applicable
- Ancillary treatments unrestricted

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#### Defining the target population

- Patients in ICU with newly diagnosed sepsis
- Infected with gram negative organisms
  - culture proven
  - gram stain

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### **Case Study : Sepsis Trial**

#### **Defining the Comparison Group**

- ► Need to ensure scientific credibility for regulatory approval
- Crossover designs impossible
- Ultimate decision:
  - Single comparison group treated with placebo
    - Not interested in studying dose response
    - No similar current therapy (still ethical to use placebo)
  - Randomized
    - Allow for causal inference
    - No blocking

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Example: Sepsis trial

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#### **Defining the Outcomes of Interest**

- ► Goals:
  - Primary: Increase survival
    - Long term (always best)
    - Short term (many other processes may intervene)
  - Secondary: Decrease morbidity

### Refinement of the primary endpoint

- Possible primary endpoints
  - Time to death
  - Mortality rate at a fixed point in time
  - Time alive out of ICU during fixed period of time

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Example: Sepsis trial

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### **Case Study : Sepsis Trial**

#### Refinement of the primary endpoint

Option 1: Time to death (censored continuous data)

- Trial is likely to have early censoring due to logistical constraints of the trauma centers
- Such early censoring might place emphasis on clinically meaningless improvements in very short term survival
  - eg. We may be detecting differences in 1 day survival even though there is no difference in survival at 10 days

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#### Refinement of the primary endpoint

Option 2: Mortality rate at a fixed point in time (binary data)

- ► Allows for choice of a *scientifically* relevant time frame
  - Treatment is a single administration; short half-life
- ► Allows for choice of a *clinically* relevant time frame
  - Avoids sensitivity to improvements lasting only short periods of time

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### Case Study : Sepsis Trial

#### Refinement of the primary endpoint

Option 3: Time alive out of the ICU during a fixed period of time (continuous data)

- Incorporates morbidity endpoints
- Addresses patient quality of life
- May be sensitive to clinically meaningless improvements depending upon the time frame chosen

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Example: Sepsis trial

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Elements of Trial

Example: Sepsis trial

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#### Refinement of the primary endpoint

Final Choice: Mortality rate at a fixed point in time (binary data)

- Sponsor proposed 14 day mortality
- ► FDA countered with a suggestion of 28 day mortality

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Example: Sepsis trial

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### **Case Study : Sepsis Trial**

#### Method of analysis

- Test for differences in binomial proportions
  - Ease of interpretation
  - ► 28 day mortality not a rare event
  - 1:1 correspondence with tests of odds ratio (for known baseline event rates)
- No adjustment for covariates
- Statistical information dictated by mean variance relationship of Bernoulli random variables:
  - ► Let Y<sub>ki</sub> denote binary response (mortality at 28 days) for *i*-th subject in group k, k = 0, 1
  - $Y_{ki} \sim \mathcal{B}(1, \theta_k)$
  - $E[Y_{ki}] = \theta_k$  and  $Var[Y_{ki}] = \theta_k(1 \theta_k)$

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Example: Sepsis trial

#### **Definition of statistical hypotheses**

#### Null hypothesis

- ► No difference in mortality between groups
- Estimated baseline rate
  - ▶ 28 day mortality: 30%
  - (needed in this case to estimate variability)

### Alternative hypothesis

- One-sided test for decreased mortality
- Targeted 28 day mortality rate in antibody arm: 25%
  - ► 5% absolute difference in mortality

### **Case Study : Sepsis Trial**

#### Criteria for statistical evidence

- Type I error: Probability of falsely rejecting the null hypothesis
   Standards:
  - ► Two-sided hypothesis tests: 0.050
  - One-sided hypothesis test: 0.025
- <u>Power</u>: Probability of correctly rejecting the null hypothesis (1-type II error)
- Popular choice: 80% power

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Example: Sepsis trial

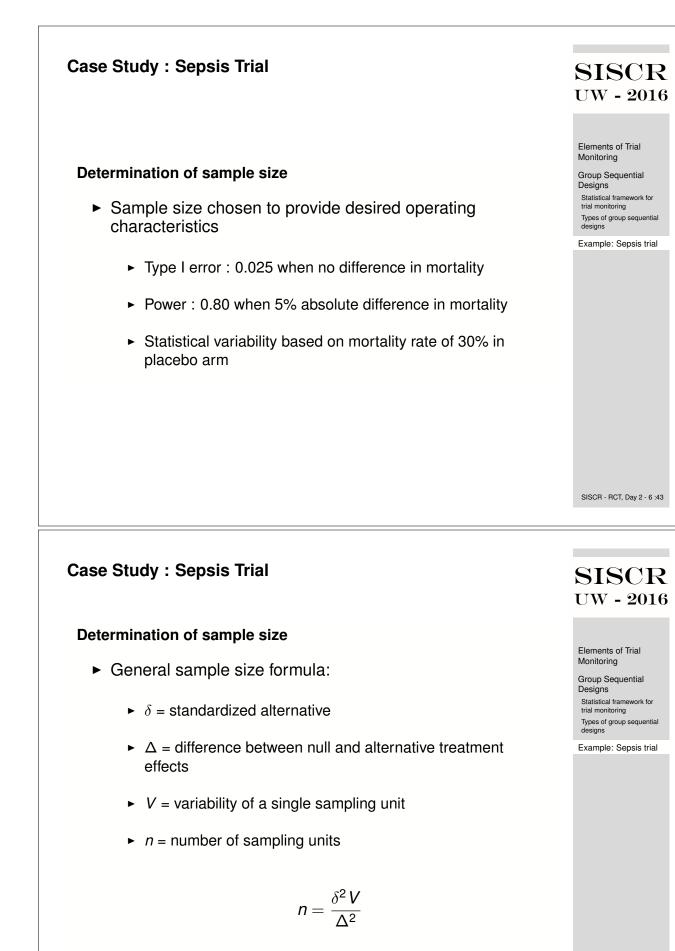
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Example: Sepsis trial



#### Determination of sample size

- Parameter values in the present case:
  - $\delta = (z_{1-\alpha} + z_{\beta})$  with  $\alpha = 0.025$  and  $\beta = 0.80$
  - $\Delta = \theta_{1,H_1} \theta_{0,H_1} = -0.05$
  - ►  $V = \theta_{1,H_1}(1 \theta_{1,H_1}) + \theta_{0,H_1}(1 \theta_{0,H_1}) =$ .25 × .75 + .3 × .7 = .3975
  - n = sample size per arm

$$n = rac{\delta^2 V}{\Delta^2} = rac{(1.96 + .841)^2 \times .3975}{(-.05)^2} = 1247.97 
ightarrow 1248$$

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Example: Sepsis trial

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### **Case Study : Sepsis Trial**

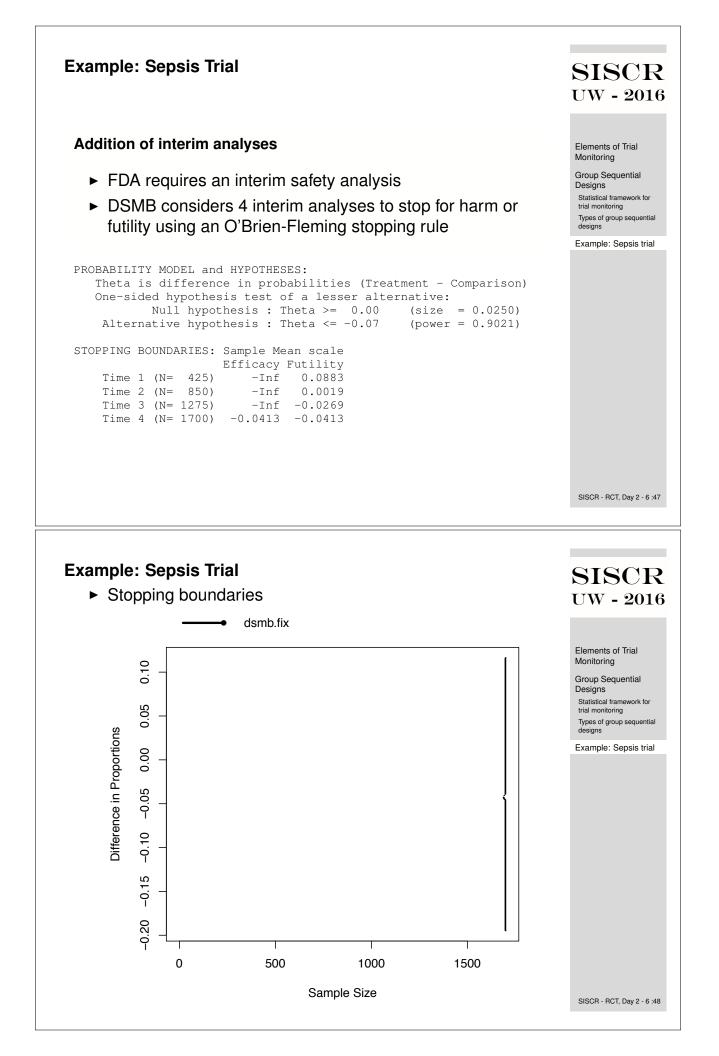
### **Resulting Fixed sample design**

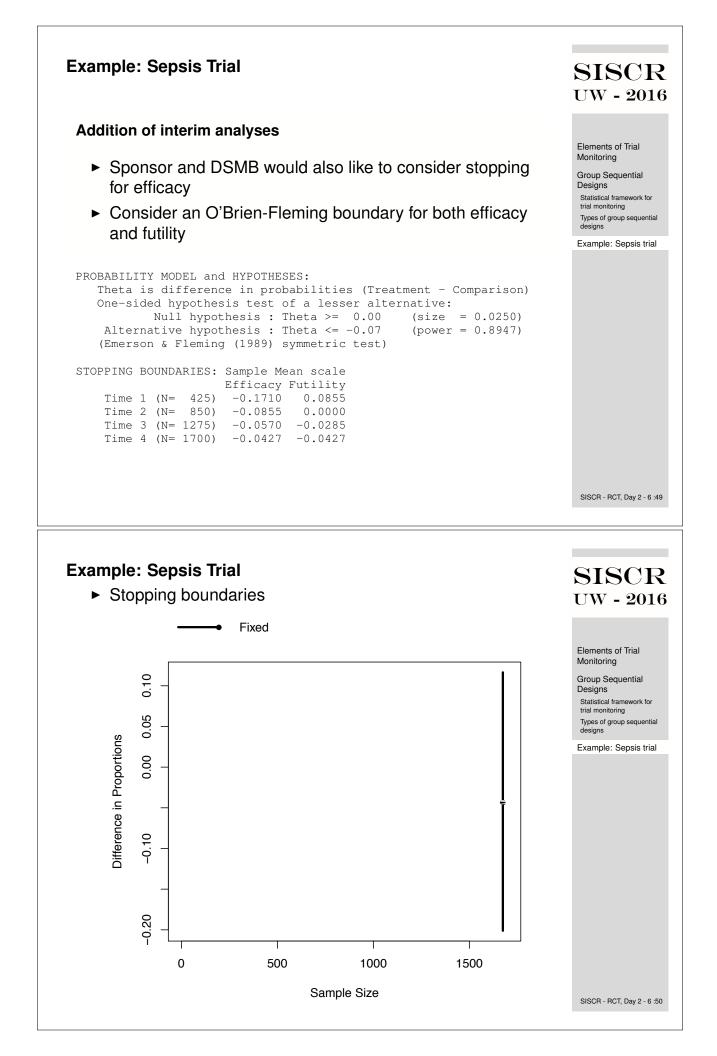
- Problem: Sponsor was concerned that 2496 (2×1248) patients would be logistically infeasible and wanted to consider a design with 1700 patients
- ► Operating characteristics with *N*=1700:
  - Critical value : -0.0424
  - 64% power for alternative of 5% absolute difference; 90% power for alternative of 7% absolute difference; Corresponding p-value : 0.025
  - ▶ 95% confidence interval : (-0.085, 0)
  - Interpretation: Smallest magnitude of (observed) effect which would result in a significant result is a 4.24% decrease in mortality on the treatment arm with corresponding CI (-0.085, 0).

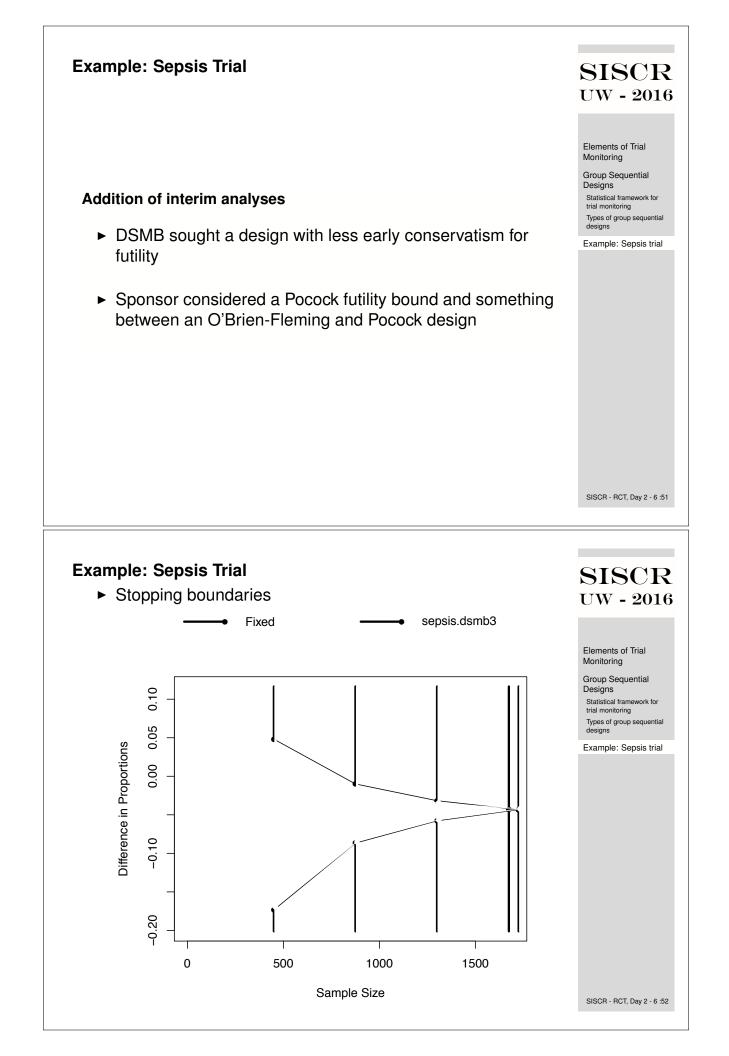
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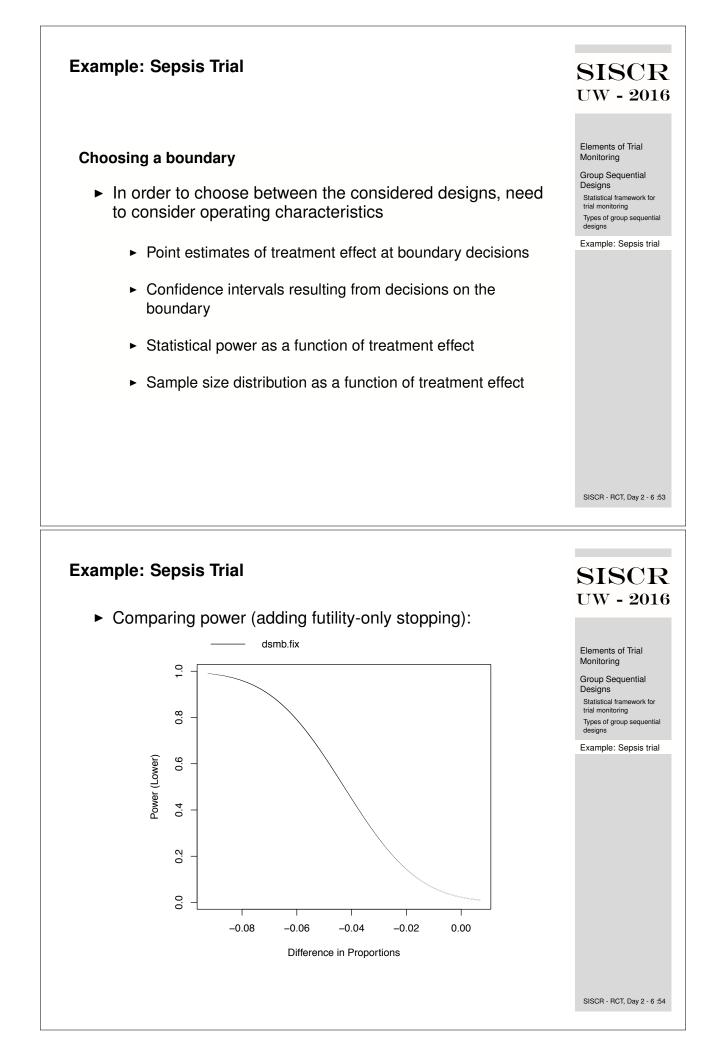
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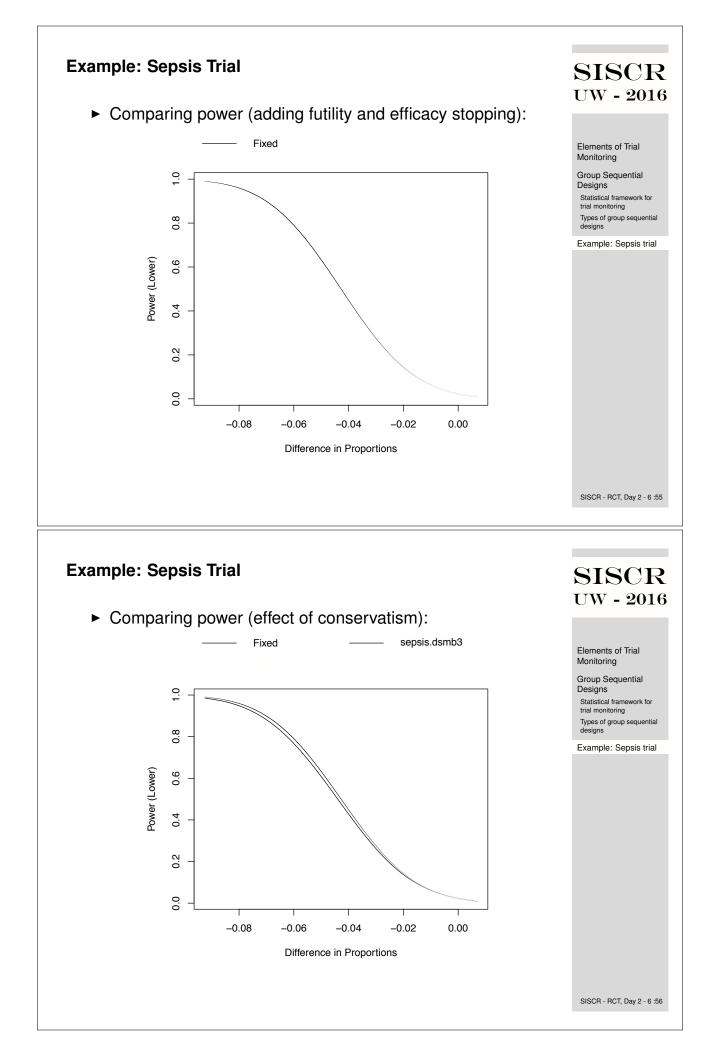
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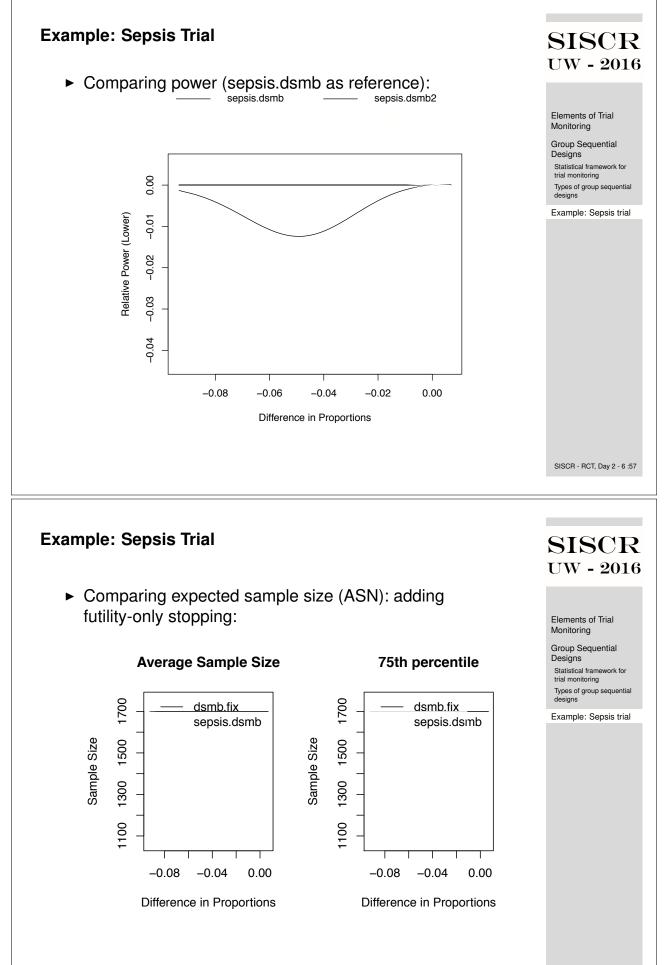


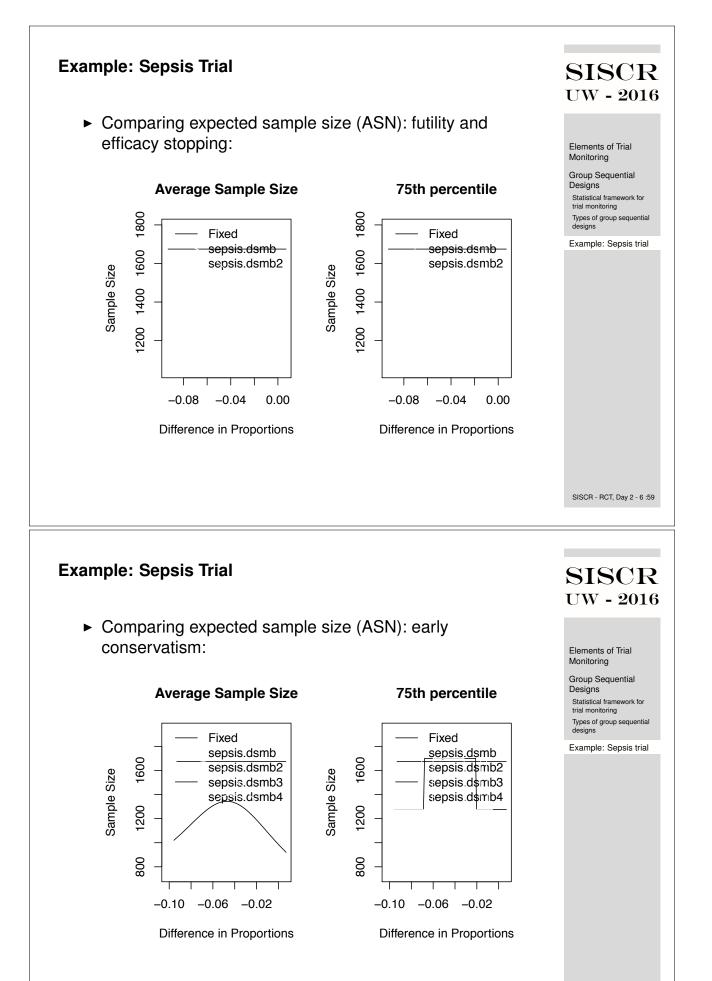












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## **Example: Sepsis Trial**

#### General behavior of interim analyses

- Decreasing early conservatism gave smaller ASN for unimportant benefits.
- Decreasing early conservatism also reduces power for efficacy.

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### **Example: Sepsis Trial**

#### General behavior of interim analyses

- For any given sample size, adding interim analyses reduces power.
- For any given power, adding interim analyses increases the sample size.
- Having fewer interim analyses:
  - Leads to properties (maximal sample size, power, etc) that are closer to those of a fixed sample study.
  - However, ASN may be larger and stopping probabilities lower.
- Having more early conservatism:
  - Leads to properties (maximal sample size, power, etc) that are closer to those of a fixed sample study.
  - However, ASN may be larger and stopping probabilities lower.

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Example: Sepsis trial



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