Introduction to Clinical Trials - Day 2

Session 6 - Group Sequential Monitoring

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Statistical framework for trial monitoring

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Types of group sequential designs

Elements and motivation for trial monitoring

- Motivation: Many trials have been stopped early:
 - Physician health study showed that aspirin reduces the risk of cardiovascular death.
 - A phase III study of tamoxifen for prevention of breast cancer among women at risk for breast cancer showed a reduction in breast cancer incidence.
 - A phase III study of anti-arrhythmia drugs for prevention of death in people with cardiac arrhythmia stopped due to excess deaths with the anti-arrhythmia drugs.
 - A phase III study of folic acid supplements for prevention of neural tube defects.
 - Women's Health Initiative: Hormones cause heart disease.

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Elements and motivation for trial monitoring

- What is trial monitoring?
 - Monitoring for quality control; for example,
 - Patient accrual.
 - Data quality/completeness.
 - Unanticipated adverse events.
 - Monitoring study endpoints(s); for example,
 - Treatment benefits.
 - Toxicity differences.
 - Good quality control should be part of every study to ensure that the study achieves its goals.
 - Monitoring study endpoints is not applicable in every study, and requires special statistical methods to avoid increased statistical errors.



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Elements and motivation for trial monitoring

- Reasons to monitor study endpoints:
 - To maintain the validity of the informed consent for:
 - Subjects currently enrolled in the study.
 - New subjects entering the study.
 - To ensure the ethics of randomization.
 - Randomization is only ethical under equipoise.
 - If there is not equipoise, then the trial should stop.
 - To identify the best treatment as quickly as possible:
 - For the benefit of all patients (i.e., so that the best treatment becomes standard practice).
 - For the benefit of study participants (i.e., so that participants are not given inferior therapies for any longer than necessary).

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Elements and motivation for trial monitoring

- If not done properly, monitoring of endpoints can lead to biased results:
 - Data driven analyses cause bias:
 - Analyzing study results because they look good leads to an overestimate of treatment benefits.
 - Publication or presentation of 'preliminary results' can affect:
 - Ability to accrue subjects.
 - Type of subjects that are referred and accrued.
 - Treatment of patients not in the study.
 - Failure to design for interim analyses can lead to hasty decisions. Decisions made 'in the heat of the moment' are subject to:
 - Inadequate consideration of trade-offs between competing endpoints (toxicity versus benefit).
 - External pressures from study investigators or sponsors.
 - Lack of objectivity by study monitors.

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Elements and motivation for trial monitoring

- Thus,
 - Monitoring of study endpoints is often required for ethical reasons.
 - Monitoring of study endpoints must carefully planned as part of study design to:
 - Avoid bias
 - Assure careful decisions
 - Maintain desired statistical properties



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Key elements of monitoring

- How are trials monitored?
 - Investigator knowledge of interim results can lead to biased results:
 - Negative results may lead to loss of enthusiasm.
 - Positive interim results may lead to inappropriate early publication.
 - Either result may cause changes in the types of subjects who are recruited into the trial.
 - "Data Safety and Monitoring Boards (DSMB)" are used to avoid biased decisions:
 - DSMB members are *independent* of the study investigators
 - The DSMB reviews unblinded data in the midst of a trial to:
 - 1. Assure the trial is safe to continue.
 - 2. Make decisions about early termination based on the statistical monitoring plan ("group-sequential clinical trial design").

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Key elements of monitoring

The trial monitoring plan is typically pre-specified in two documents:

- DSMB charter:
 - Defines scope of trial monitoring
 - Defines DSMB responsibilities
 - Defines sponsor responsibilities
 - Pre-specifies monitoring plans and decisions (reasons for stopping)
- Interim Statistical Analysis Plan (ISAP):
 - Defines monitoring endpoint(s)
 - Pre-specifies analysis timing, decision criteria, and rationale
 - Pre-specifies methods for implementation (changes to analysis timing)
 - Pre-specifies adjustments to statistical inference about treatment effects



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Key elements of monitoring

- Typical content for DSMB charter:
 - Trial synopsis; for example:
 - Summary of design
 - Eligibility/exclusions
 - Statistical design and sample size
 - DSMB organization
 - Composition and selection of members
 - Responsibilities of DSMB
 - What will be monitored (accrual, QC, safety, endpoints?)
 - Responsibilities of sponsor
 - Providing open/closed reports; data summaries
 - Committee meetings:
 - Open session; closed session; executive session
 - Communication
 - Open report; closed report to be provided to DSMB
 - Responsibility for meeting minutes (open and closed minutes)
 - Process for DSMB recommendations

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Key elements of monitoring

- Typical content for ISAP:
 - Safety monitoring plan (if there are formal safety interim analyses)
 - Decision rules for formal safety analyses
 - Evaluation of decision rules (power, expected sample size, stopping probability)
 - Methods for modifying rules (changes in timing of analyses)
 - Methods for inference (bias adjusted inference)
 - Monitoring plan for primary endpoint(s)
 - Decision rules and reasons for early termination (e.g., efficacy, futility, equivalence, harm)
 - Evaluation of decision rules (power, expected sample size, stopping probability)
 - Methods for modifying rules (changes in timing of analyses)
 - Methods for inference (bias adjusted inference)
 - Data handling and responsibilities for analysis

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Statistical framework for trial monitoring: Statistical design of the fixed-sample trial

- The interim statistical analysis plan is based on the fixed sample design
 - Primary endpoint
 - Probability model
 - Functional
 - Contrast
 - Statistical hypotheses
 - Statistical standards for decisions (interval estimate)

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Statistical framework for trial monitoring: Statistical design of the fixed-sample trial

- The statistical decision criteria are referenced to the trial's design hypotheses. For example:
 - One-sided superiority test (assume small θ favors new treatment):

Null: $\theta \ge \theta_{\emptyset}$ Alternative: $\theta < \theta_+$

with $\theta_+ < \theta_{\emptyset}$, and θ_+ is chosen to represent the smallest difference that is clinically important.

Two-sided (equivalence) test:

Null: $\theta = \theta_{\emptyset}$ Lower Alternative: $\theta \le \theta_{-}$ Upper Alternative: $\theta \ge \theta_{+}$

with $\theta_- < \theta_{\emptyset} < \theta_+$. θ_- and θ_+ denote the smallest important differences.

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Statistical framework for trial monitoring: Selecting decision criteria

- A decision to stop needs to consider what has or has not been ruled out. For example
 - One-sided superiority test (assume small θ favors new treatment):
 - Stop for superiority when any harm (θ ≥ θ_∅) has been ruled out.
 - Stop for futility when important benefits (θ ≤ θ₊) have been ruled out.
 - Two-sided (equivalence) test:
 - Stop for treatment A better than treatment B when inferiority of A (θ ≤ θ_∅) has been ruled out.
 - Stop for treatment *B* better than treatment *A* when inferiority of $B (\theta \ge \theta_{\emptyset})$ has been ruled out.
 - Stop for equivalence when important differences (either $\theta \ge \theta_+$ or $\theta \le \theta_-$) have been ruled out.
- The hypotheses that have been ruled in/out are given by the interval estimate.

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Statistical framework for trial monitoring: Group sequential designs (superiority trial)

- Suppose that the trial is planned for j = 1, ..., J interim analyses.
- Let $\hat{\theta}_j$ denote the estimated treatment effect at the *j*th analysis.
- Consider stopping criteria $a_j < d_j$ with:

 $\hat{\theta}_j \leq a_j \Rightarrow$ Decide new treatment is superior $\hat{\theta}_j \geq d_j \Rightarrow$ Decide new treatment is not superior $a_j < \hat{\theta}_j < d_j \Rightarrow$ Continue trial

Set $a_J = d_J$ so that the trial stops by the *J*th analysis.

How should we choose these critical values?

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Inadequacy of Fixed Sample Methods

- Suppose we simply ignore the fact that we are repeatedly testing our hypothesis
- We can quickly see the impact of this via simulation
 - Let $X_i \sim_{\mathsf{iid}} \mathcal{N}(\theta, \sigma^2)$
 - j = 1, ..., 4 equally spaced analyses at 25, 50, 75, and 100 observations
 - Test statistic after n_j observations have been accrued

$$\bar{X}_{n_j} = \frac{1}{n_j} \sum_{i=1}^{n_j} X_i$$

• Test H_0 : $\theta = 0$ with level $\alpha = .05$

Fixed sample methods (2-sided test): Reject H₀ first time

$$|ar{X}_{n_j}| > z_{1-lpha/2} rac{\sigma}{\sqrt{n_j}}, \quad j = 1, 2, 3, 4$$

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Inadequacy of Fixed Sample Methods : Simulation

 Consider the sample path of the statistic for a single simulated trial



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Inadequacy of Fixed Sample Methods : Simulation

Consider the sample path of the statistic for 20 randomly sampled trials





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Inadequacy of Fixed Sample Methods : Simulation

- Simulated type I error rate using fixed sample methods
- Based on 100,000 simulations

Significant	Proportion	Number	Proportion
at	Significant	Significant	Significant
Analysis 1	0.05075	Exactly 1	0.07753
Analysis 2	0.04978	Exactly 2	0.02975
Analysis 3	0.05029	Exactly 3	0.01439
Analysis 4	0.05154	All 4	0.00554
		Any	0.12721



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Interim analyses require special methods

Sampling density for sequentially-monitored test statistic

- The filtering due to interim analyses creates non-standard sampling densities as the basis for inference.
- Sampling density depends on the stopping rule.
- In order to correct the type 1 error rate, we must be able to compute the density of the statistic that accounts for the possibility of stopping at interim analyses



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Sampling density for sequentially sampled test statistic

- Let C_j denote the continuation set at the jth interim analysis.
- Let (M, S) denote the bivariate statistic where M denotes the stopping time (1 ≤ M ≤ J) and S = S_M denotes the value of the partial sum statistic at the stopping time.
- The sampling density for the observation (M = m, S = s) is:

$$p(m, s; \theta) = egin{cases} f(m, s; heta) & s
ot\in \mathcal{C}_m \\ 0 & else \end{cases}$$

where the (sub)density function $f(j, s; \theta)$ is recursively defined as

$$f(1, s; \theta) = \frac{1}{\sqrt{n_1 V}} \phi\left(\frac{s - n_1 \theta}{\sqrt{n_1 V}}\right)$$

$$f(j, s; \theta) = \int_{\mathcal{C}_{(j-1)}} \frac{1}{\sqrt{n_j V}} \phi\left(\frac{s - u - n_j \theta}{\sqrt{n_j V}}\right) f(j - 1, u; \theta) du,$$

$$j = 2, \dots, m$$

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Example: O'Brien-Fleming (OBF) 2-sided design

 Using the correct sampling density, we can choose boundary values that maintain experiment wise Type I error





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Example: O'Brien-Fleming (OBF) 2-sided design

- Simulated type I error rate using fixed sample methods
- Based on 100,000 simulations

Significant	Proportion	Number	Proportion
at	Significant	Significant	Significant
Analysis 1	0.00006	Exactly 1	0.03610
Analysis 2	0.00409	Exactly 2	0.01198
Analysis 3	0.01910	Exactly 3	0.00210
Analysis 4	0.04315	All 4	0.00001
		Any	0.05019

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Example: O'Brien-Fleming (OBF) 2-sided design

Sampling density for OBF boundaries with θ = 0 and θ = 3.92 (corresponding Normal sampling density for comparison):



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Boundary shape functions

- There are an infinite number of stopping boundaries to choose from that will maintain a given family-wise error
 - They will differ in required sample size and power
- Kittelson and Emerson (1999) described a "unified family" of designs that are parameterized by three parameters (A, R, and P)
- Parameterization of boundary shape function includes many previously described approaches
 - Wang & Tsiatis boundary shape functions:
 - ► A = 0, R = 0, and P > 0
 - ▶ *P* = 0.5 : Pocock (1977)
 - *P* = 1.0 : O'Brien-Fleming (1979)
 - Triangular Test boundary shape functions (Whitehead):
 - A = 1, R = 0, and P = 1
 - Sequential Conditional Probability Ratio Test (Xiong):
 - ▶ *R* = 0.5, and *P* = 0.5

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Boundary shape functions

Consider differing choices of P





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Sample Size

Group sequential designs can be formulated for various hypotheses

- Four design categories:
 - One-sided test; One-sided stopping

 (allow stopping for efficacy or futility, but not both)
 - One-sided test; Two-sided stopping (allow stopping for either efficacy or futility)
 - Two-sided test; One-sided stopping (allow stopping only for the alternative(s))
 - Two-sided test; Two-sided stopping (allow stopping for either the null or the alternative)

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Types of group sequential

Example: Sepsis trial

Monitoring

Designs

designs

trial monitoring

Four general design categories

1-sided test; stop for futility 1-sided test; stop for futility or efficacy **Elements of Trial** 10 10 X. Monitoring **Group Sequential** S ß Mean Effect Mean Effect Designs 0 0 Statistical framework for trial monitoring μ ς Types of group sequential designs 9 2 Example: Sepsis trial 0.0 0.2 1.0 0.0 0.2 1.0 0.4 0.6 0.8 0.4 0.6 0.8 Sample Size Sample Size 2-sided test; stop for alternative(s) 2-sided test; stop for null or alternative(s) ¥ 10 10 Χ. ß ß Mean Effect Mean Effect ×× 0 0 ĥ Υ 우 우 0.0 0.2 0.4 0.6 0.8 1.0 0.0 0.2 0.4 0.6 0.8 1.0 Sample Size Sample Size

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So how should we choose a stoping rule?

- Consider appropriate type of hypothesis to test
- Maintain statistical design criteria of the fixed sample trial:
 - Type I error rate of α = 0.025 (one-sided test) or α = 0.05 (two-sided test).
 - Maintain maximal sample size (with potential loss of power)
 - Maintain power (with larger maximal sample size)
- Other considerations when selecting critical values:
 - Number of interim analyses
 - Timing of interim analyses
 - Degree of early conservatism
 - Characteristics of the sample size distribution:
 - Expected sample size (Average Sample Number; ASN)
 - Quantiles of the sample size distribution
 - Maximal sample size
 - Stopping probabilities at each of the interim analyses

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Interim analyses require special methods

Characteristics of the group sequential sampling density

- Density is not shift invariant
- Jump discontinuities
- Requires numerical integration
- Sequential testing introduces bias:

	$E(\hat{\theta})$		
heta	OBF	Pocock	
0.00	-0.29	-0.48	
1.96	1.95	1.82	
3.92	4.21	4.38	



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Background

- Critically ill patients often get overwhelming bacterial infection (sepsis), after which mortality is high
- Gram negative sepsis is often characterized by production of endotoxin, which is thought to be the cause of much of the ill effects of gram negative sepsis
- Hypothesis: Administering antibody to endotoxin may decrease morbidity and mortality
- Two previous randomized clinical trials showed a slight benefit
- There were no safety concerns at the inception of the trial

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Definition of Treatment

- Single administration of antibody to endotoxin within 24 hours of diagnosis of sepsis
- Reductions in dose not applicable
- Ancillary treatments unrestricted

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Defining the target population

- Patients in ICU with newly diagnosed sepsis
- Infected with gram negative organisms
 - culture proven
 - gram stain

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Defining the Comparison Group

- Need to ensure scientific credibility for regulatory approval
- Crossover designs impossible
- Ultimate decision:
 - Single comparison group treated with placebo
 - Not interested in studying dose response
 - No similar current therapy (still ethical to use placebo)
 - Randomized
 - Allow for causal inference
 - No blocking

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Defining the Outcomes of Interest

Goals:

- Primary: Increase survival
 - Long term (always best)
 - Short term (many other processes may intervene)
- Secondary: Decrease morbidity

Refinement of the primary endpoint

- Possible primary endpoints
 - Time to death
 - Mortality rate at a fixed point in time
 - Time alive out of ICU during fixed period of time

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Option 1: Time to death (censored continuous data)

- Trial is likely to have early censoring due to logistical constraints of the trauma centers
- Such early censoring might place emphasis on clinically meaningless improvements in very short term survival
 - eg. We may be detecting differences in 1 day survival even though there is no difference in survival at 10 days

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Option 2: Mortality rate at a fixed point in time (binary data)

- Allows for choice of a scientifically relevant time frame
 - Treatment is a single administration; short half-life
- Allows for choice of a *clinically* relevant time frame
 - Avoids sensitivity to improvements lasting only short periods of time

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Option 3: Time alive out of the ICU during a fixed period of time (continuous data)

- Incorporates morbidity endpoints
- Addresses patient quality of life
- May be sensitive to clinically meaningless improvements depending upon the time frame chosen



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Final Choice: Mortality rate at a fixed point in time (binary data)

- Sponsor proposed 14 day mortality
- FDA countered with a suggestion of 28 day mortality

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Method of analysis

- Test for differences in binomial proportions
 - Ease of interpretation
 - 28 day mortality not a rare event
 - 1:1 correspondence with tests of odds ratio (for known baseline event rates)
- No adjustment for covariates
- Statistical information dictated by mean variance relationship of Bernoulli random variables:
 - Let Y_{ki} denote binary response (mortality at 28 days) for *i*-th subject in group k, k = 0, 1
 - $Y_{ki} \sim \mathcal{B}(1, \theta_k)$
 - $E[Y_{ki}] = \theta_k$ and $Var[Y_{ki}] = \theta_k(1 \theta_k)$

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Definition of statistical hypotheses

Null hypothesis

- No difference in mortality between groups
- Estimated baseline rate
 - 28 day mortality: 30%
 - (needed in this case to estimate variability)

Alternative hypothesis

- One-sided test for decreased mortality
- Targeted 28 day mortality rate in antibody arm: 25%
 - ► 5% absolute difference in mortality

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Criteria for statistical evidence

- Type I error: Probability of falsely rejecting the null hypothesis Standards:
 - Two-sided hypothesis tests: 0.050
 - One-sided hypothesis test: 0.025
- <u>Power</u>: Probability of correctly rejecting the null hypothesis (1-type II error)
- Popular choice: 80% power

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Determination of sample size

- Sample size chosen to provide desired operating characteristics
 - Type I error : 0.025 when no difference in mortality
 - Power : 0.80 when 5% absolute difference in mortality
 - Statistical variability based on mortality rate of 30% in placebo arm

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Determination of sample size

- General sample size formula:
 - δ = standardized alternative
 - Δ = difference between null and alternative treatment effects
 - V = variability of a single sampling unit
 - n = number of sampling units

$$n=\frac{\delta^2 V}{\Delta^2}$$

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Determination of sample size

Parameter values in the present case:

• $\delta = (z_{1-\alpha} + z_{\beta})$ with $\alpha = 0.025$ and $\beta = 0.80$

•
$$\Delta = \theta_{1,H_1} - \theta_{0,H_1} = -0.05$$

- $V = \theta_{1,H_1}(1 \theta_{1,H_1}) + \theta_{0,H_1}(1 \theta_{0,H_1}) =$.25 × .75 + .3 × .7 = .3975
- n = sample size per arm

$$n = \frac{\delta^2 V}{\Delta^2} = \frac{(1.96 + .841)^2 \times .3975}{(-.05)^2} = 1247.97 \rightarrow 1248$$

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Resulting Fixed sample design

- Problem: Sponsor was concerned that 2496 (2×1248) patients would be logistically infeasible and wanted to consider a design with 1700 patients
- Operating characteristics with N=1700:
 - Critical value : -0.0424
 - 64% power for alternative of 5% absolute difference; 90% power for alternative of 7% absolute difference; Corresponding p-value : 0.025
 - 95% confidence interval : (-0.085, 0)
 - Interpretation: Smallest magnitude of (observed) effect which would result in a significant result is a 4.24% decrease in mortality on the treatment arm with corresponding CI (-0.085, 0).



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Addition of interim analyses

- FDA requires an interim safety analysis
- DSMB considers 4 interim analyses to stop for harm or futility using an O'Brien-Fleming stopping rule

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PROBABILITY MODEL and HYPOTHESES:
Theta is difference in probabilities (Treatment - Comparison)
One-sided hypothesis test of a lesser alternative:
Null hypothesis : Theta >= 0.00 (size = 0.0250)
Alternative hypothesis : Theta <= -0.07 (power = 0.9021)</pre>
```

 STOPPING BOUNDARIES:
 Sample Mean scale

 Efficacy Futility

 Time 1 (N= 425)
 -Inf
 0.0883

 Time 2 (N= 850)
 -Inf
 0.0019

 Time 3 (N= 1275)
 -Inf
 -0.0269

 Time 4 (N= 1700)
 -0.0413
 -0.0413

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Addition of interim analyses

- Sponsor and DSMB would also like to consider stopping for efficacy
- Consider an O'Brien-Fleming boundary for both efficacy and futility

```
PROBABILITY MODEL and HYPOTHESES:
Theta is difference in probabilities (Treatment - Comparison)
One-sided hypothesis test of a lesser alternative:
Null hypothesis : Theta >= 0.00 (size = 0.0250)
Alternative hypothesis : Theta <= -0.07 (power = 0.8947)
(Emerson & Fleming (1989) symmetric test)
```

STOPPING BOUNDARIES: Sample Mean scale Efficacy Futility Time 1 (N= 425) -0.1710 0.0855 Time 2 (N= 850) -0.0855 0.0000 Time 3 (N= 1275) -0.0570 -0.0285 Time 4 (N= 1700) -0.0427 -0.0427 **SISCR** UW - 2018

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Stopping boundaries



Sample Size

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Addition of interim analyses

- DSMB sought a design with less early conservatism for futility
- Sponsor considered a Pocock futility bound and something between an O'Brien-Fleming and Pocock design

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SISCR Example: Sepsis Trial Stopping boundaries UW - 2018 sepsis.dsmb3 Fixed sepsis.dsmb sepsis.dsmb4 sepsis.dsmb2 **Elements of Trial** Monitoring **Group Sequential** Designs 0.10 Statistical framework for trial monitoring Types of group sequential 0.05 designs Example: Sepsis trial Difference in Proportions 0.00 -0.10 -0.20

1000

1500

500

0

Choosing a boundary

- In order to choose between the considered designs, need to consider operating characteristics
 - Point estimates of treatment effect at boundary decisions
 - Confidence intervals resulting from decisions on the boundary
 - Statistical power as a function of treatment effect
 - Sample size distribution as a function of treatment effect

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Comparing power (adding futility-only stopping):



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Comparing power (adding futility and efficacy stopping):



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Comparing expected sample size (ASN): adding futility-only stopping:



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Comparing expected sample size (ASN): futility and efficacy stopping:



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Comparing expected sample size (ASN): early conservatism:



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General behavior of interim analyses

- Decreasing early conservatism gave smaller ASN for unimportant benefits.
- Decreasing early conservatism also reduces power for efficacy.

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General behavior of interim analyses

- For any given sample size, adding interim analyses reduces power.
- For any given power, adding interim analyses increases the sample size.
- Having fewer interim analyses:
 - Leads to properties (maximal sample size, power, etc) that are closer to those of a fixed sample study.
 - However, ASN may be larger and stopping probabilities lower.
- Having more early conservatism:
 - Leads to properties (maximal sample size, power, etc) that are closer to those of a fixed sample study.
 - However, ASN may be larger and stopping probabilities lower.

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Elements of Trial Monitoring

Group Sequential Designs

Statistical framework for trial monitoring

Types of group sequential designs