

## Overview

- Part I: Introductory Concepts
- Part II: Evaluating Risk Models
- Part III: Evaluating the Incremental Value of New Biomarkers
- Part IV: Guidance on Developing Risk Models
- Part V: Target Performance for Early Phase Biomarker Research
- Part VI: Prognostic vs. Predictive Biomarkers


## Overview

## - The focus of this short course is concepts rather than statistical details

- we will not derive hypothesis tests or distributional results
- we will examine some mathematical expressions as we explore concepts


## Misconceptions about Biomarkers and Risk Models



- A large odds ratio means a biomarker is useful for prediction.
- ROC curves are useful to identify the best biomarker cut-point.
- Decision curves are useful to identify the best risk threshold.
- To assess whether to add new biomarker to a risk model, multiple stages of hypothesis testing are needed.
- The best biomarker to improve a risk model is the one with strongest association with the outcome.
- To improve prediction, a new biomarker should be independent of existing predictors.
- We can often use biomarkers to identify which patients will benefit from treatment.


## Part I Topics

- Motivating and illustrative examples
- True and false positive rates (TPR, FPR)
- Predictive values (PPV, NPV)
- ROC curves and area under the curve (AUC)
- Risk models
- What is "personal risk"?


## Part 1 Overview

- Some examples
- To start: 1 marker X is binary (a "test")
- Then: 1 marker $X$ is continuous
- Multiple markers $\mathrm{X}, \mathrm{Y}, \ldots$, and risk model P(bad outcome | X, Y, ...)


## What is a Biomarker?

- DEF: a quantitative or qualitative measure that is potentially useful to classify individuals for current or future status
- current $\rightarrow$ diagnostic marker
- future $\rightarrow$ prognostic marker
- Includes biomarkers measured in biological specimens
- Includes imaging tests, sensory tests, clinical signs and symptoms, risk factors


## A brief history of Biomarker

- According to Lassere (Stat Methods Medical Research 2008):
- The term biomarker first appeared in a 1973 paper on extraterrestrial biological markers

A search for porphyrin biomarkers in nonesuch shale and extraterrestrial samples

Joon H. Rho, A. J. Bauman, Heinz G. Boettger \& Teh Fu Yen
Space life sciences 4, 69-77 (1973) | Cite this article

- biomarker first appeared in the biomedical literature in 1977
- Most early biomarker papers were in cancer


## What is the purpose of a classifier or risk prediction tool?

- To help make medical decisions
- Often: identify individuals with high risk - individuals at high risk of a clinical event have the greatest potential to benefit from an intervention that could prevent the event
- Sometimes: identify individuals with low risk who are unlikely to benefit from an intervention
- To enrich a clinical trial with "high risk" patients
- To inform subjects about risk
- Etc.

Guiding principle: evaluate a risk model in a way that relates to how it will be used

## Terminology and Notation

- "case" or "event" is an individual with the (bad) outcome
- "control" or "non-event" is an individual without the outcome



## Terminology and Notation

- $\mathrm{X}, \mathrm{Y}=$ potential predictors of D (biomarkers, demographic factors, clinical characteristics)
- Often: X is "standard" predictor(s) and Y is a new biomarker under consideration
- $\operatorname{risk}(X)=r(X)=P(D=1 \mid X)$
$-\operatorname{risk}(X, Y)=r(X, Y)=P(D=1 \mid X, Y)$
- prevalence $=P(D=1)=\rho$
("rho")


## What is risk( X )?

- $\operatorname{risk}(x) \equiv P(D=1 \mid X=x)$ is the frequency of events/disease among the group with $\mathrm{X}=\mathrm{x}$
- Risk is simply a population frequency. "Personal risk" is not completely personal!
- Will return to this at the end of Part I


## Example: Coronary Artery Surgery Study (CASS)

- 1465 men undergoing coronary arteriography for suspected coronary heart disease
- Arteriography is the "gold standard" measure of coronary heart disease
- Evaluates the number and severity of blockages in arteries that supply blood to the heart
- Simple cohort study
- Possible marker: exercise stress test (EST)
- Possible marker: chest pain history (CPH)


## Example: Breast Cancer Biomarkers

- Women with positive mammograms undergo biopsy, the majority turn out to be benign lesions
- Provides motivation to develop serum biomarker to reduce unnecessary biopsies (EDRN - early detection research network)


## Example: Pancreatic Cancer Biomarkers

- 141 patients with either pancreatitis ( $\mathrm{n}=51$ ) or pancreatic cancer ( $\mathrm{n}=90$ )
- Serum samples
- Two candidate markers:
- A cancer antigen CA-125
- A carbohydrate antigen CA19-9
- Which marker is better at identifying cancer?
- Is either marker good enough to be useful?

Wieand, Gail, James, and James Biometrika 1989

## Example: Cardiovascular Disease

- Framingham study
- $\mathrm{D}=\mathrm{CVD}$ event
- $\mathrm{Y}=$ high density lipoprotein
- X = demographics, smoking, diabetes, blood pressure, total cholesterol
- $\mathrm{n}=3264, \mathrm{n}_{\mathrm{D}}=183$


## Simulated Data

- Artificial data are useful for exploring/illustrating methodology
- Simulated data on DABS website
- Simulated data from R packages rmda (risk model decision analysis) and BioPET
- Normal and MultiNormal biomarker model


## Example: Simulated data on DABS website

- $\mathrm{n}=10,000, \mathrm{n}_{\mathrm{D}}=1017$
- $\mathrm{X}=$ continuous, 1 -dimensional
- $\mathrm{Y}=$ continuous, 1-dimensional
- Search "Pepe DABS" or http://research.fredhutch.org/diagnostic-biomarkers-center/
- "simulated risk reclassification dataset"


## Example: Simulated data in R packages

- $\mathrm{n}=500, \mathrm{n}_{\mathrm{D}}=60$
- Four predictors: sex, smoking status, Marker1, Marker2
- Dataset used in software demo (not in course notes)


## Normal Model with 1 Marker

- Biomarker X Normally distributed in controls and in cases

$$
\begin{gathered}
X \sim N(0,1) \text { in controls } \\
X \sim N(\mu, 1) \text { in cases }
\end{gathered}
$$



Distribution of $X$ when $\mu=1$

# Multivariate Normal Model with 2 Markers (Bivariate Normal) 

- Biomarkers $\left(\mathrm{X}_{1}, \mathrm{X}_{2}\right)$ are bivariate Normally distributed in controls and in cases

$$
\begin{gathered}
\vec{X} \sim \operatorname{MVN}(\overrightarrow{0}, \Sigma) \text { in controls } \\
\vec{X} \sim \operatorname{MVN}(\vec{\mu}, \Sigma) \text { in cases } \\
\Sigma=\left[\begin{array}{ll}
1 & r \\
r & 1
\end{array}\right]
\end{gathered}
$$

In these examples, $\left(X_{1}, X_{2}\right)$ has mean $(0,0)$ in controls and mean $(1,2)$ in cases. We can visualize marker data in 2-dimensional space.





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- Biomarkers $\left(\mathrm{X}_{1}, \mathrm{X}_{2}\right)$ are bivariate Normally distributed in controls and in cases

$$
\begin{gathered}
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\vec{X} \sim \operatorname{MVN}(\vec{\mu}, \Sigma) \text { in cases }
\end{gathered}
$$

- This data model is useful in research because the logistic regression model holds for each marker and for both markers together.
logit $P\left(D=1 \mid X_{1}\right)$ is linear in $X_{1}$ logit $P\left(D=1 \mid X_{2}\right)$ is linear in $X_{2}$ logit $P\left(D=1 \mid X_{1}, X_{2}\right)$ is linear in $X_{1}$ and $X_{2}$


## Generalization: Multivariate Normal Model

- Biomarkers ( $\mathrm{X}_{1}, \mathrm{X}_{2}, \ldots, \mathrm{X}_{\mathrm{k}}$ ) are multivariate Normally distributed in controls and in cases

$$
\begin{gathered}
\vec{X} \sim \operatorname{MVN}(\overrightarrow{0}, \Sigma) \text { in controls } \\
\vec{X} \sim \operatorname{MVN}(\vec{\mu}, \Sigma) \text { in cases }
\end{gathered}
$$

- The linear logistic model holds for every subset of markers


# QUANTIFYING CLASSIFICATION ACCURACY (BINARY MARKER OR "TEST") 

## Terminology

- $D=$ outcome (disease, event)
- $\mathrm{Y}=$ marker (test result)



## Terminology

- D = outcome (disease, event)
- Y = marker (test result)



## Terminology

$T P R=$ true positive rate $=P[Y=1 \mid D=1]=$ sensitivity

FPR = false positive rate $=P[Y=1 \mid D=0]=1$-specificity

FNR = false negative rate $=P[Y=0 \mid \mathrm{D}=1]=1-\mathrm{TPR}$

TNR = true negative rate $=\mathrm{P}[\mathrm{Y}=0 \mid \mathrm{D}=0]=1-\mathrm{FPR}$

Ideal test: $\mathrm{FPR}=0$ and $\mathrm{TPR}=1$

## - (FPR, TPR)


cost
Later, we will consider the costs associated with false positives

## benefit

Later, we will consider the benefits of identifying a true positive

## Coronary Artery Surgery Study (CASS)

Coronary Artery Disease


Odds Ratios do not summarize predictive performance

- Odds ratios are very popular:
- Because logistic regression is popular
- Odds Ratio estimable from case-control study
$-\mathrm{OR} \approx$ relative risk for rare outcome
- $O R=\frac{T P R(1-F P R)}{F P R(1-T P R)}$
- Good classification (high TPR and low FPR) $\rightarrow$ large odds ratio
- However, large odds ratio does NOT imply good classification.
- Need to report both FPR and TPR. Collapsing into one number (the OR) is not adequate.


## Coronary Artery Surgery Study (CASS)



OR is large but classification performance is mediocre.
large odds ratio does NOT imply good classification!


FIGURE 1. Correspondence between the true-positive fraction (TPF) and the false-positive fraction (FPF) of a binary marker and the odds ratio. Values of (TPF, FPF) that yield the same odds ratio are connected.

## Classification Accuracy

$$
\begin{aligned}
& \text { Accuracy }=P(Y=D) \\
& =P(Y=0, D=0)+P(Y=1, D=1) \\
& =\rho(T P R)+(1-\rho)(1-F P R)
\end{aligned}
$$

$\rho$ is the prevalence, $P(D=1)$

- There are two kinds of errors (false positives and false negatives); accuracy treats them as equally bad.
- In order to be clinically relevant we must consider the harms of each kind of error.
- Accuracy is seldom an appropriate metric in any biomedical application
- FPR, TPR condition on true status (D)
- they address the question: "to what extent does the biomarker reflect true status?"


## Predictive Values

Positive predictive value $P P V=P(D=1 \mid Y=1)$
Negative predictive value $N P V=P(D=0 \mid Y=0)$

- condition on biomarker results ( Y )
- "Given my biomarker value is Y , what is the chance that I have the disease?" This is the question of interest for patients and clinicians when interpreting the result of a biomarker or medical test


## Predictive Values

PPV and NPV are functions of TPR and FPR and the prevalence $\rho$

$$
\begin{gathered}
P P V=\frac{\rho T P R}{\rho T P R+(1-\rho) F P R} \\
N P V=\frac{(1-\rho)(1-F P R)}{(1-\rho)(1-F P R)+\rho(1-T P R)}
\end{gathered}
$$

- TPR, FPR are properties of a test, but PPV, NPV are properties of a test in a population
- For low prevalence conditions, PPV tends to be low, even with very sensitive tests


## Predictive Values - Example

A serious disease affects 1 in 10,000 in a population.
A company markets a test as " $98 \%$ accurate" because both sensitivity and specificity are estimated to be 98\%.
Those who test positive are recommended to undergo an invasive procedure for definitive diagnosis.
Should there be general screening with this test in this population?

## Predictive Values - Example

Disease affects 1 in 10,000 in a the population.
Test has sensitivity=specificity= $98 \%$.
A person from the population tests negative. What is the probability that person is truly not diseased?
A person from the population tests positive. What is the probability that person has the disease?

## Predictive Values - Example

Disease affects 1 in 10,000 in a the population.
Test has sensitivity=specificity=98\%.
What is the probability that person who tests negative is truly not diseased?
What is the probability that person who tests positive truly has the disease?


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## False Discovery Rate

False Discovery Rate FDR=P(D=0|Y=1)

$$
=1 \text { - PPV }
$$

"False Positive Rate" and "False Discovery Rate": sound very similar, but are very different -FPR: among all those who are not diseased, how many were called positive
-FDR: among all those called positive, how many were not actually diseased.
-We will not use or further discuss FDR.

## CONTINUOUS MARKERS: ROC CURVES

## Receiver Operating Characteristic (ROC) Curve

- generalizes (FPR, TPR) to continuous markers
- considers rules based on thresholds " $\mathrm{Y} \geq \mathrm{c}$ "
- makes sense when $P(D=1 \mid Y)$ increasing in $Y$
- $\operatorname{TPR}(c)=P(Y \geq c \mid D=1)$
- $\operatorname{FPR}(c)=P(Y \geq c \mid D=0)$
- ROC( $\cdot)=\{\operatorname{FPR}(\mathrm{c}), \operatorname{TPR}(\mathrm{c}) ; \mathrm{c}$ in $(-\infty, \infty)\}$



## Motivation

- Most biomarkers are continuous


## Convention

- Assume larger Y more indicative of disease
- otherwise replace $Y$ with $-Y$
- Formally: $P(D=1 \mid Y)$ increasing in $Y$









## Properties of ROC curves

- non-decreasing from $(0,0)$ to $(1,1)$ as threshold decreases from $c=\infty$ to $c=-\infty$
- doesn't depend on scale of the marker: invariant to monotone increasing transformations
- puts different markers on a common relevant scale
- shows entire range of possible performance
- ideal marker has control distribution completely disjoint from case distribution; ROC through $(0,1)$
- useless marker has ROC equal to 45 degree line

Pancreatic cancer biomarkers (Wieand et al 1989)



CA-19-9 appears to be the more accurate diagnostic biomarker for pancreatic cancer


- for most FPR, CA-19-9 has the better corresponding TPR
- for most TPR, CA-19-9 has the better corresponding FPR


## ROC limitations

- ROC curve summarizes (FPR, TPR) across all possible cut-points for the continuous marker
- Alternatively, (specificity, sensitivity)
- Aids in assessing: How well can the marker discriminate between controls and cases?
- While useful, ROC curves do not contain crucial information
- Prevalence
- Value of TP, Cost of FP
- $\rightarrow$ There is no way to determine an optimal cut-point from an ROC curve


## Summarizing ROC Curves: AUC

- AUC is Area under ROC curve
- AUC sometimes called the c-index or c-statistic
- $\mathrm{AUC}={ }_{0} \int^{1} \mathrm{ROC}(\mathrm{t}) \mathrm{dt}=\operatorname{average}(\mathrm{TPR})$
- average is uniform over $(0,1)$
- ideal marker: AUC=1.0
- useless marker: AUC=0.5
- A single number summary of a curve is necessarily a crude summary
- Commonly used to compare biomarkers


## AUC: probabilistic interpretation

- For a randomly selected case D and a randomly selected control N ,

$$
A U C=P\left(Y_{D}>Y_{N}\right)
$$

- AUC is interpretable, but its interpretations (as an area; as a probability) show that AUC is not clinically meaningful


## Risk Model: Huntington's Disease

- Huntington's Disease is caused by the HTT gene on human chromosome 4. There is a CAG segment that is repeated $10-35$ times in non-diseased individuals. If the segment is repeated 36-120+ times, a person develops* Huntington's Disease in middle-age. The genetic abnormality is dominant - one abnormal gene causes disease.
- *40+ times: always develop HD
- *36-39 times: might not develop HD (ignoring this small possibility)


## Risk Model: Huntington's Disease

- Relevant Population: Individuals with a biological parent who has Huntington's Disease
- Within this population, an individual has a $50 \%$ chance of developing HD depending on whether he or she inherited the abnormal or normal HTT gene from the affected parent.
- $P(D)=1 / 2=\rho$ in this population.


## Risk Model: Huntington’s Disease

- An individual can choose to have their HTT gene genotyped. Say HTT=0 means 0 copies of abnormal gene; HTT=1 means 1 copy of abnormal gene.
- $P(D \mid H T T=0)=0 \%$; $P(D \mid H T T=1)=100 \%$.
- The marker HTT stratifies the patient population (risk $=50 \%$ ) into the subgroup with $0 \%$ risk and the subgroup with $100 \%$ risk.


## Risk model

- risk prediction model - gives a risk based on a marker value or a combination of markers
- Predicted risks are in the interval [0,1] and interpreted as probabilities
- It is rare that a risk model is definitive like the HD example
- In fact, because the genetic test for Huntington's Disease is definitive, we might not think of it as a risk model


## Risk model examples

- Most risk models combine information from multiple risk factors
- E.g., Gail model for breast cancer risk
- for use in women with no history of breast cancer
- Estimates 5-year risk of breast cancer based on current age, age at menarche, age at first birth, family history, race.
- E.g., Framingham CHD risk score
- Estimates risk of CHD based on age, sex, smoking status, total and HDL cholesterol, blood pressure


## Risk model examples

- E.g. STS risk score for dialysis following cardiac surgery is formed via:
- STS risk score $=f\left(\alpha+\beta_{1}\right.$ Age $+\beta_{2}$ Surgery Type $+\beta_{3}$

Diabetes $+\beta_{4}$ MI Recent $+\beta_{5}$ Race $+\beta_{6}$ Chronic Lung Disease $+\beta_{7}$ Reoperation $+\beta_{8}$ NYHA Class $+\beta_{9}$ Cardiogenic Shock+ $\beta_{10}$ Last Serum Creatinine)

## What is "personal risk"?

- Recall: $\operatorname{risk}(x) \equiv P(D=1 \mid X=x)$ is the frequency of events among the group with marker values x
- "Personal risk" is not completely personal! - (next example)


## What is "personal risk"?

- Suppose the prevalence of $D$ in "Population $A$ " is $1 \%$
- Without any additional information, the only valid risk prediction instrument is to assign everyone in the population risk=1\%
- We have a marker $X$ that tends to be higher in cases than controls



## What is "personal risk"?

- Alice is an individual in Population A. Alice has $X=1$.
- We can calculate Alice's risk $(X=1) \approx 1.6 \%$
- calculation uses Bayes' rule


Distribution of marker X in controls (blue) and cases (red)
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## What is "personal risk"?

- Suppose the marker acts exactly the same in Population B. The only difference between Populations $A$ and $B$ is that $B$ has prevalence $=10 \%$.
- Betty, an individual in Population $B$, has $X=1$. Betty's risk is $\approx 15.5 \%$



## What is "personal risk"?

- "Personal risk" is a term that is prone to be misconstrued
- Risk is personal in the sense that it is calculated from personal characteristics
- However, personal risk is not completely divorced from population characteristics. The previous example shows that the population (specifically, the population prevalence) affects "personal" risk.


## What is "personal risk"?

- Occasionally one hears mention of estimating a person's "individual risk" or "true personal risk."
- Frequentist statisticians cannot really claim to do so.
- One might claim John's "true risk" of a heart attack in the next 5 years is $7 \%$. But we can only observe John having or not having a heart attack in the next 5 years. I cannot observe John having a heart attack in 7\% of 5-year periods from now.
- The best I can objectively claim is that "among people with John's characteristics, 7\% will have a heart attack in the next 5 years."
- More than one way to define "people like John."


## Summary of Part I

- Example datasets
- FPR (1 - specificity), TPR (sensitivity)
- PPV, NPV
- function of FPR, TPR and disease prevalence
- ROC curves
- AUC
- geometric interpretation as area under curve
- probability interpretation
- A risk model gives population frequencies:

$$
\operatorname{risk}(X)=P(D=1 \mid X)
$$



## Misconceptions about Biomarkers

 and Risk Models

- A large odds ratio means a biomarker is useful for prediction. W
- ROC curves are useful to identify the best biomarker cut-point. X
- Decision curves are useful to identify the best risk threshold.
- To assess whether to add new biomarker to a risk model, multiple stages of hypothesis testing are needed.
- The best biomarker to improve a risk model is the one with strongest association with the outcome.
- To improve prediction, a new biomarker should be independent of existing predictors.
- We can often use biomarkers to identify which patients will benefit from treatment.

