MODULE 12: INTRODUCTION TO SURVIVAL ANALYSIS

Summer Institute in Statistics for Clinical Research University of Washington July, 2017

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OVERVIEW

- Session 1
 - Introductory examples
 - The survival function
 - Survival Distributions
 - Mean and Median survival time
- Session 2
 - Censored data
 - Risk sets
 - Censoring Assumptions
 - Kaplan-Meier Estimator and Cl
 - Median and CI
- Session 3
 - Two-group comparisons: logrank test
 - Trend and heterogeneity tests for more than two groups
- Session 4
 - Introduction to Cox regression

OVERVIEW – MODULE 16

Module 16: Survival analysis in Clinical Trials

- Quick review of basics
- Estimating survival after Cox model fit
- More two-sample tests
 - Weighted logrank
 - Additional tests based on functionals and metrics
- Adjustment, precision and post-randomization variables
- Power
- Choice of outcome
- Information accrual in sequential monitoring

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OVERVIEW – MODULE 20

Module 20: Survival analysis for Observational Data

- More complicated Cox models
 - Adjustment
 - Interaction
- Hazard function Estimation
- Competing Risks: Cox and Fine-Gray models
- Choice of time variable
- Left Entry/Truncation
- Immortal time bias
- Index event bias
- Time-dependent covariates

SESSION 1: SURVIVAL DATA: EXAMPLES

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PRELIMINARIES

- No prior knowledge of survival analysis techniques assumed
- Familiarity with standard one- and two-sample statistical methods (estimation and testing) is assumed
- Emphasis on application rather than mathematical details
- Examples

SESSIONS/BREAKS

- 8:30 10:00
 - Break until 10:30
- 10:30 12:00
 - Break until 1:30
- 1:30 3:00
 - Break until 3:30
- 3:30 5:00

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WHAT IS SURVIVAL ANALYSIS ABOUT?

- Studies the occurrence of an event over time
 - Time from randomization to death (cancer RCT)
 - Time from acceptance into a heart transplant program to death
 - Time from randomization to diagnosis of Alzheimer's Disease in a prevention trial
 - Time from randomization to ovarian cancer death in a randomized screening trial
 - Time from birth to removal of supplementary oxygen therapy
 - Time from first VTE diagnosis to recurrent VTE

YOUR EXAMPLES

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WHAT IS SURVIVAL ANALYSIS ABOUT?

- Explores factors that are thought to influence the chance that the event occurs
 - Treatment
 - Age
 - Gender
 - Body Mass Index
 - Diet

– Etc.

- Levamisole and Fluorouracil for adjuvant therapy of resected colon carcinoma Moertel et a. l, 1990, 1995
- 1296 patients, enrolled 1 5 weeks after surgery
- Stage B₂ or C
- 3 unblinded treatment groups in stage C (2:1:1 ratio)
 - Observation only
 - Levamisole (oral, 1yr)
 - Levamisole (oral, 1yr) + fluorouracil (intravenous 1yr)

Moertel CG, Fleming TR, Macdonald JS, et al. (1990) NEJM: 322(6):352–358. Moertel CG. et al (1995). Annals of Internal Medicine: 122(5):321.

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EXAMPLE 1

- Randomization
 - Dynamic method based on accrued:
 - For B₂, extent of invasion, time since surgery
 - For C, extent of invasion, time since surgery, number of lymph nodes involved

- Statistical analysis
 - Survival primary outcome (recurrence secondary)
 - Kaplan-Meier survival curves
 - Log-rank statistic
 - Cox proportional-hazards model for all multivariable analysis
 - Backward regression, maximal partial-likelihood estimate statistic

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 O'Brien-Fleming boundary for sequential monitoring; stopped early for stage C SISCR 2017: Module 12 Intro Survival

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Years from registration

Figure 1: Recurrence-free interval according to treatment arm. Patients who died without recurrence have been censored. 5-FU = fluorouracil.

- Results (stage C) after 2nd interim analysis
- Fluorouracil + Levamisole reduced the
 - Recurrence rate by 41% (95% CI 23% 54%) (p<0.0001)
 - Death rate by 33% (95% CI 10% 50%) (p<0.006)
- Levamisole reduced the
 - Recurrence rate by 2%
 - Death rate by 6%
- Toxicity was mild (with few exceptions)
- Patient compliance excellent

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EXAMPLE 1

- R survival package data "colon"
 - 929 eligible stage C patients (971 randomized 42 ineligible)
 - Treatment groups (rx)
 - Sex, age
 - Obstruction of colon by tumor (obstruct)
 - Perforation of colon (perfor)
 - Adherence to nearby organs (adhere)
 - Number of lymph nodes with detectable cancer (nodes)
 - Days until event or censoring (time)
 - Censoring status (status)

- Multivariable analysis:
 - Proportional hazards model
 - "we kept the variable of treatment in the model and used backward regression for other covariates"
 - Other covariates (P < 0.01)
 - Depth of primary tumor invasion,
 - Invasion of adjacent structures
 - Regional implants
 - Number of metastatic lymph nodes
 - Histological differentiation
 - Preoperative carcinoembryonic antigen level

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EXAMPLE 1

• Multivariable results: "After correction for the influence of prognostic factors through the use of a proportional hazards model, patients receiving fluorouracil plus levamisole were again found to have a significant survival advantage when compared with patients assigned to observation only; they had a 33% reduction in mortality rate (95% CI, 16% to 47%; P = 0.0007). Therapy with levamisole alone showed essentially no effect (6% reduction in death rate; P = 0.57."

Moertel et al (1995)

EXAMPLE 2 – ALZHEIMER'S

- Petersen et al. 2005, NEJM
- Subjects with amnestic subtype of mild cognitive impairment
- Adaptive randomization based on MMSE score, age, Apo ε4 genotype
- Three arms: Vitamin E, Donepezil, and Placebo
- Primary outcome: Time from randomization to possible or probable AD diagnosis
- Length of double-blind treatment: 3 years

Petersen RC, Thomas RG, Grundman M. et al. (2005) NEJM. 352(23):2379– 2388.

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EXAMPLE 2 – ALZHEIMER'S

- Primary analysis: Cox regression adjusted for randomization influencing variables MMSE score, age and Apo E genotype
- 769 enrolled: 253 donepezil, 257 vitamin E, 259 placebo
- 230 dropped out: 92 donepezil, 74 vitamin E, 66 placebo

Treatment related toxicity: GI complaints, muscle aches, insomnia

• Dropout was observed to be related to MMSE score

EXAMPLE 2 – ALZHEIMER'S

- 212 developed possible or probable AD
- "There were no significant differences ... during the three years of treatment"
- Vitamin E vs Placebo
 - Hazard Ratio 1.02 (95% CI, 0.74, 1.41), p-value
 0.91
- Donepezil vs Placebo
 - Hazard Ratio 0.80 (95% CI, 0.57, 1.13), p-value
 0.42

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EXAMPLE 2 – ALZHEIMER'S

- Prespecified analyses
- At 6 months intervals
 - Donepezil vs Placebo significantly reduced likelihood of progression to AD during the first 12 months (p-value 0.04)
 - Finding supported by secondary outcome measures
 - Subgroup \geq 1 apolipoprotein E \in 4 alleles significantly reduced likelihood of progression to AD over 3 years
 - Vitamin E vs Placebo: no significant differences
 - Vitamin E vs Placebo: also no significance for above subgroup
- Simulations assuming informative treatment-related dropout did not change primary conclusions

EXAMPLE 2 – RESULTS



• Overall and at 6 and 12 months

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EXAMPLE 2 – RESULTS

• APOE ϵ 4 results



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EDITORIAL

- "long-awaited results"
- Donepezil standard therapy for AD
- "Implications Enormous"
 - Clear-cut negative findings for Vitamin E
 - Especially noteworthy
 - Despite dearth of evidence of its efficacy
 - Findings for donepezil "much less clear"
 - "not quite as disappointing"

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EDITORIAL COMMENTS

- "rate of progression ... somewhat lower in the treatment group during the first year of the study"
- "by two years, even this small effect had worn off"
- Possible explanation: "Reduced statistical power later in the study as the number of subjects at risk declined owing to death, withdrawal and development of AD
- Secondary analyses suggest... benefits wore off

EXAMPLE 2 – RESULTS

Interesting steps.....



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SCREENING TRIAL

- 202,546 women 50-72 years of age, England, Wales, Northern Ireland
- Randomized to one of three arms in 1:1:2 ratio between June 1, 2001 and Oct 21, 2005.
 - Annual multimodal screening (serun CA 125 + algorithm)
 - Annual transvaginal ultrasound
 - No screening
- Screening ended Dec 31, 2011.
- Not blinded
- Primary outcome: death from ovarian cancer (by end of 2014) Jacobs IJ, Menon U, Ryan A, et al. (2016) The Lancet. <u>387(10022):945–956</u>.

OVARIAN CANCER SCREENING TRIAL

- Primary analysis: Cox regression (proportional hazards)
 - MMS vs. no screening: Mortality reduction =

(1 - HR)100 = 15% (95% CI: -1% - 33%) P = .10

– USS vs. no screening: Mortality reduction =

(1 - HR) 100 = 11% (95% CI: -7% - 27%) P = .21

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OVARIAN CANCER SCREENING TRIAL



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OVARIAN CANCER SCREENING TRIAL

• Why the delayed difference?

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OVARIAN CANCER SCREENING TRIAL

- Secondary analyses, excluding prevalent cases:
- Post-hoc Weighted* logrank test:
 - MMS mortality reduction = 22% (3-38%) P = .023
 - USS mortality reduction = 20% (0 35%) P = .049
 - * by pooled cumulative mortality

"COUNTER" EXAMPLE

- Resuscitation Outcomes Consortium
 - Out-of-hospital cardiac arrest
 - Traumatic injury
- Prehospital interventions
- Exception from informed consent
- 10 Regional Centers
 - 7 US
 - 3 Canada

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"COUNTER" EXAMPLE

- Times
 - Event (cardiac arrest, traumatic injury)
 - 911 call
 - Arrival of EMS
 - Treatment start
 - Potential outcomes
 - Return of spontaneous circulation (Cardiac arrest)
 - ED admission
 - Survival to hospital discharge
 - Neurologically intact survival
 - 28-day survival
 - 6-month neurological outcomes

"COUNTER" EXAMPLE

- Time of injury/cardiac arrest (ordinarily unknown)
- 911 call
- Cardiac arrest: Many deaths before admission to hospital
- Trauma: Many deaths within the first 24 48 hours

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SURVIVAL DATA AND FUNCTION

- Original applications in biometry were to survival times in cancer clinical trials
- Many other applications in biometry: eg. disease onset ages
- Interest centers not only on average or median survival time but also on probability of surviving beyond 2 years, 5 years, 10 years, etc.
- Best described with the entire survival function S(t).
 - For T = a subject's survival time, S(t) = P[T > t].
 - Characterizes the entire distribution of survival times T.
 - Gives useful information for each t.

SURVIVAL FUNCTION



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SURVIVAL DISTRIBUTION

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- Continuous probability distribution of times T
- Only non-negative T's are possible: Pr(T<0)=0
- Density function $f(t) = \lim_{\Delta t \to 0} \frac{1}{\Delta t} \Pr(t \le T < t + \Delta t)$
- Area under the f(t) curve between two points is the probability T is between the two points.

DENSITY AND SURVIVAL FUNCTIONS



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MEDIAN SURVIVAL TIME



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MEDIAN SURVIVAL TIME



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ILLUSTRATIVE DATA



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SURVIVAL FUNCTION ESTIMATE

 Nonparametric Estimate: reduce estimate by 1/n every time there is an event (death): Empirical survival function estimate



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MEDIAN ESTIMATE



By convention: median is earliest time where survival estimate $\leq .5$

OTHER WAYS TO DESCRIBE A SURVIVAL DISTRIBUTION

- So far we have looked at the density function and survival function S(t).
- Also of interest: "hazard" function λ(t)

$$\lambda(t) = \lim_{\Delta t \to 0} \frac{1}{\Delta t} \Pr[t \le T < t + \Delta t | T \ge t]$$

- Instantaneous rate at which death occurs at t in those who are alive at t
- Examples:
 - Age-specific death rate
 - Age-specific disease incidence rate

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HAZARD FUNCTION FOR HUMANS



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EQUIVALENT CHARACTERIZATIONS

- Any <u>one</u> of the density function(f(t)), the survival function(S(t)) or the hazard function(λ(t)) is enough to determine the survival distribution.
- They are each functions of each other:
 - $S(t) = \int_t^\infty f(s) ds = e^{-\int_0^t \lambda(s) ds}$
 - $f(t) = -\frac{d}{dt}S(t) = \lambda(t)e^{-\int_0^t \lambda(s)ds}$
 - $\lambda(t) = \frac{f(t)}{S(t)}$

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EQUIVALENT CHARACTERIZATIONS



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EQUIVALENT CHARACTERIZATIONS



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